

Over and Over

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mark Woodall - June 2018
音樂: Summer Fever - Little Big Town



(Start on Vocals)

HIP BUMPS AND ROTATING JAZZ BOX

1-2 R step Hip Bump, R Hip Bump
3-4 L step Hip Bump, L Hip Bump
5,6,7,8 Cross R over L ¼ turn Jazz Box (3:00)

ROTATING JAZZ BOX, HEEL SWITCHES, HITCH

1-4 Cross R over L ¼ turn Jazz Box (6:00)
5 & 6 & 7 Touch R heel forward, Step R next to L, Touch L Heel forward, Step L next to R, Touch R heel forward
8 Hitch

K STEP*

1-2 Step R diagonal forward, bring L foot into R,*
3-4 Step L diagonal backward, bring R foot into L,*
5-6 Step R diagonal back, bring L foot into R,*
7-8 Step L diagonal forward, bring R foot into L,*

SIDE, BEHIND, AND CROSS ROCK, 2 STEPS with 3/4 TURN L, COASTER:

1, 2 & Step R to right side, Cross step L behind right, Step R to right side
3, 4, 5, Cross rock L over right, recover to R, 1/4 turn left (3:00) and step L forward
6, 7 & 1/2 turn left (9:00) and step R back, Step L back, Step R next to left
8 Step L forward (8)

Repeat

Restarts on walls 2, 4 & 6 after the first 16 counts

*Optional Claps on touches

Step sheet by Mark Woodall – markwoodall@me.com

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