

Bad Time

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Carrie Bauer (USA) - June 2018
音樂: Bad Time - Grand Funk Railroad : (Album: 20 #1's Classic Rock, Vol. 3)



Slow lead-in vocals for 22 seconds. 4 count beat into 16-count Intro.

INTRO:

i[1-8] CROSS ROCK RECOVER LEFT, TRIPLE RIGHT; CROSS ROCK RECOVER RIGHT, TRIPLE LEFT

1-2 Rock R across front of L (1), recover L (2)
3&4 Step R to right side (3), step L next to R (&), step R to right side (4)
5-6 Rock L across front of R (5), recover R (6)
7&8 Step L to left side (7), step R next to L (&), step L to left side (8) (12 o'clock)

i[9-16] ROCK RECOVER R FORWARD, TRIPLE ½ TURN RIGHT; ½ PIVOT RIGHT, TRIPLE FORWARD L-R-L

1-2 Rock R forward (1), recover L (2)
3&4 Step R ¼ turn right (3), step L next to R (&), step R ¼ turn right (to 6:00 o'clock) (4)
5-6 Step L forward (5), pivot ½ turn R (to 12:00 o'clock) (6)
7&8 Step L forward (7), step R next to L (&), step L forward (8) (12 o'clock)

MAIN DANCE (No Further Tags Or Restarts):

[1-8] CROSS R OVER L, STEP L SIDE, STEP R BEHIND, TRIPLE LEFT, CROSS R OVER L, RECOVER L, STEP R ¼ TURN RIGHT

1-2-3 Step R across L (1), step L to left side (2), step R behind L (3)
4&5 Step L to left side (4), step R next to L (&), step L to left side (5)
6-7-8 Cross R across L (6), recover L (7), step R forward ¼ turn R (8) (3 o'clock)

[9-16] STEP L FORWARD, ¼ TURN RIGHT, CROSSING TRIPLE L OVER R; STEP R BACK TURNING ¼ LEFT, STEP L TO LEFT SIDE, ROCK R OVER L, RECOVER L

1-2 Rock L forward (1), recover R turning ¼ right (2)
3&4 Cross L over R (3), step R to right side (&), cross L over R (4)
5-6 Step R back turning ¼ left (5), step L to left side (6)
7-8 Rock R across L (7), recover L (8) (3 o'clock)

[17-24] ROCK R TO RIGHT SIDE, RECOVER L, STEP R NEXT TO L; ROCK L TO LEFT SIDE, RECOVER R, STEP L NEXT TO R; STEP R FORWARD, PIVOT 1/2 LEFT, FULL TURN LEFT

1-2& Rock R to right side (1), recover L (2), step R next to L (&)
3-4& Rock L to left side (3), recover R (4), step L next to R (&)
5-6 Step R forward (5), pivot ½ turn left (6)
7-8 Step R back ½ turn left (7), step L forward ½ turn left (8) (9 o'clock)

[25-32] STEP R FORWARD, TOUCH L BEHIND R, BACK LOCK STEP LEFT; ROCK R BACK, RECOVER L, STEP R BACK TURNING ¼ LEFT, STEP L ¼ TURN TO LEFT SIDE

1-2 Rock R forward (1), tap L toe behind R heel (2)
3&4 Step L back (3), step R back crossing over L (&), step L back (4)
5-6 Rock R back (5), recover L (6)
7-8 Step R back ¼ turn left (7), step L to left side (8) (3 o'clock)

(NOTE: the final 2 counts feels like it should be a regular ½ pivot, but it isn't. It IS step back and then step side so your momentum will be moving left to begin the dance again. Though it is written as a ¼, ¼, you can step R ½ back and then just step left)

Please do not alter this step sheet without permission. Questions or concerns may be directed to me at linedancelawyer@yahoo.com. Thank you! Carrie Bauer
