Best Behaviour

級數: Intermediate

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音樂: Best Behaviour - Louisa Johnson : (Single)

牆數:4

Intro - 16 counts	
Fwd, Mambo Fwd/Sweep, Back/Sweep, Behind Side Cross, 1/8 L Back, Back, 1/8 L Behind, Fwd x2	
1	RF step forward
2&3	LF rock forward, RF recover, LF step back and sweep RF back
4	RF step back and sweep LF back
5&6	LF cross behind, RF step side, LF cross over
&7	RF ⅓ left step back, LF step back
8&1	RF 1/8 left cross behind, LF step forward, RF step forward [9]
Side Touch Side, Rock Back Recover, ¼ R Side, Rock Behind Recover, Point/Hip Bumps	
2&3	LF step side, RF touch beside, RF step side
4&5	LF rock back, RF recover, LF ¼ right step side
6&	RF rock behind, LF recover
7&8	RF point side and hips right, recover, hips right [12]
Samba ½ L, Samba ¾ R, Run x2, Point, ¼ R Behind-¼ R Fwd-Fwd	
1&2	LF ¼ left step forward, RF ¼ left rock side, LF recover
3&4	RF cross over, LF ¼ right rock side, RF ¼ right recover
5&6	LF run forward, RF run forward, LF point side
7&8	LF ¼ right cross behind, RF ¼ right step forward, LF step forward [3]
Bodyroll x2, Cross-¼ L Back-Back, ¼ L Behind-¼ L Fwd, Start Step Lock Step Fwd	
1-2	RF step forward and hips forward, recover
1-2	with bodyroll
3&4	hips forward, recover, recover
3&4	with bodyroll
5&6	LF cross over, RF 1/8 left step back, LF step back
7&8&	RF 1/8 left cross behind, LF 1/4 left step forward, RF step forward, LF lock behind
Start again	
Restart: Dance the 2nd and 6th wall up to and including count 16 (count 8 of the 2nd section), then:	

& recover

and start again





拍數: 32