

Dura Mambo

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Val Saari (CAN) - June 2018
音樂: Dura - Daddy Yankee : (iTunes)



RF TOE-STRUT MODIFIED JAZZ BOX, RF MAMBO BACK/TOE-STRUT

1-2 Cross RF over L, Touch RF toe - drop R heel
3-4 Step LF left on toes, LF heel down
5-6 Rock RF back, Recover LF
7-8 Step RF together on toes, RF heel down

LF TOE-STRUT MODIFIED JAZZ BOX PIVOT 1/4 L, LF MAMBO BACK/TOE-STRUT

1-2 Cross LF over R, Touch LF toe - drop L heel
3-4 Step RF right on toes, RF heel down
5-6 Rock LF back pivot 1/4 L, Recover RF
7-8 Step LF together on toes, LF heel down

SHUFFLE FORWARD RLR, LRL

1-4 Shuffle forward RLR, hold
5-8 Shuffle forward LRL, hold

TOE-STRUT V-STEP

1-4 Touch RF toe diagonally forward (1:00), Step heel down, Touch LF toe diagonally forward (11:00), Step heel down
5-8 Touch RF toe behind to centre, Step heel down, Step LF toe beside R, Step heel down

SIDE MAMBOS, RIGHT, LEFT

1-4 RF Rock side right, LF recover, RF close together beside L, hold
5-8 LF Rock side left, RF recover, LF close together beside R, hold

CROSS MAMBOS X 2 (RL)

1-2 RF Cross over L, LF Recover weight
3-4 RF Step together, hold
5-6 LF Cross over R, RF Recover weight
7-8 LF Step together, hold

REPEAT - No Tags, No Restarts

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