

Amigos Para Siempre (Friends Forever)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver Contra
編舞者: Cati Torrella (ES), Belén Vergara, Judy Clericuzio, Maria Rovira (ES), Pilar Rubin (ES) & Xavi Morano - June 2018
音樂: "Amigos para siempre" - All Western Band



[1-8]: STEP FORWARD, HEEL SWIVELS, COASTER STEP, STEP ½ TURN, STEP ¼ TURN

1 Step forward on RF
&2 Swivel turning both heels to the right and return to center
3&4 Step Back on RF, Step LF beside right, Step forward on RF
5-6 Step forward on LF, Turn ½ to right
7-8 Step forward on LF, Turn ¼ to right (3:00)

[9-16]: BACK STEPS with KNEE POPS, L COASTER STEP, STEP ½ TURN, STEP ¼ TURN

1 Step back on LF while doing Knee Pop with right Knee
2 Step back on RF while doing Knee Pop with left Knee
3&4 Step back on LF, Step RF beside right, Step forward on LF
5-6 Step forward on RF, Turn ½ to left
7-8 Step forward on RF, Turn ¼ to left (12:00)

[17-24]: TRIPLE STEP FORWARD x 2, STEP ½ TURN LEFT , SIDE ROCK STEP

1&2 Triple Step forward on RF-LF-RF
3&4 Triple Step forward on LF-RF-LF
5-6 Step forward on RF, Turn ½ to left (6:00)
7-8 Rock step RF to right side, Recover weight on LF

[25-32]: WEAVE (behind-side-cross), SIDE ROCK STEP, CROSS SHUFFLE, KICK BALL CROSS

1&2 Cross RF behind right foot, Step LF to left side, Cross RF over left
3-4 Rock step LF to left Side, Recover weight on RF
5&6 Cross LF over right, Step RF to right side, Cross LF over right
7&8 Kick forwards on RF, Stpe on ball of RF beside left, Cross LF over right

Start again

Tag/Restart

On Wall 10nd (after a wall that´s only music without vocals)

Do only first 8 steps with the following variation:

[1-8]: STEP FORWARD, HEEL SWIVELS, COASTER STEP, MAMBO FORWARD, HOLD

1 Step forward on RF
&2 Swivel turning both heels to the right and return to center
3&4 Step Back on RF, Step LF beside right, Step forward on RF
5-6 Rock step forward on LF, Recover eight on LF
7-8 Step RF beside left, Hold

Then, start again from the beginning. Enjoy and share with friendship

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