

Not Guilty

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Lyn Booth (AUS) - May 2018
音樂: Guilty - The Shires : (Album: Accidentally on Purpose - 3:11)



Intro: 16 Count - Dance starts on the lyrics

DIAG STEP LOCK STEP, STEP LOCK STEP, FWD MAMBO, BACK COASTER, SCUFF

1&2 Diagonal Step R FWD, Lock R behind L, Step R FWD
3&4 Diagonal Step L FWD, Lock L behind R, Step L FWD
5&6 Rock R FWD., Replace L, Step R back,
7&8& Step L Back, Step R beside L, Step L FWD, Scuff R (preparation 1/4R)

****Tag on wall 3 – 12.00**

1/4R STEP LOCK STEP, DIAG STEP LOCK STEP, WALK, WALK, TRIPPLE FWD STEP TO BACK

1&2 1/4R Step R FWD, Lock R behind L, Step R FWD (3.00)
3&4 Diagonal Step L FWD, Lock L behind R, Step L FWD
5-6 Walk around anti-clockwise toward back wall Step R-L
7&8 Triple Step R-L-R forward slightly turning to back wall (6:00)

SWAY, SWAY, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE 1/4R (SIDE TOG 1/4R)

1-2 Step L to L sway hips to L, Sway hips to R
3&4 Step L to L, Step R together, Step L to L
5-6 Cross rock R over L, Replace L
7&8 Step R to R, Step L together, 1/4R step R FWD (9.00)

1/4R SWAY, SWAY, SIDE SHUFFLE, CROSS ROCK, 1/4R, 1/4R, TAP

1-2 1/4R step L to L sway hips to L, Sway hips to R (12.00)
3&4 Step L to L, Step R together, Step L to L
5-6 Cross rock R over L, Replace L,
7&8 1/4R step R, 1/4 R step L, Tap R beside L (6.00) ###

REPEAT

Note: Option, for fun, when singing “put your hands up...” put them up

TAG: On wall 3 (12.00) – dance up to 1st 8 count – then do the following Tag:**

FWD MAMBO, BACK COASTER, SCUFF, ROCKING CHAIR

1&2 Rock R FWD., Replace L, Step R back
3&4& Step L back, Step R beside L, Step L FWD., Scuff
5-6-7-8 Rock R FWD., Replace L, Rock R back, Replace L - Restart

Ending: Complete 32 counts then Step R to R as you Sway R then L (12.00) ###

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