

Life Is A Gamble

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 2 級數: Beginner
編舞者: Pat Newell (USA) - June 2018
音樂: Roll the Dice - Annie Vincent : (32 in)



Senior Starter Series

Learning: Struts, zig zag back, triple rock recover, vine, rocking chair, ¼ pivot, kick ball change

TOE STRUTS

1-4 R toe fwd, step down on R heel, L toe fwd, step down on L heel

5-8 R toe fwd, step down on R heel, L toe fwd, step down on L heel

ZIG ZAG BACK (Single step touches, moving back to start position)

1-4 Step R diagonally back, touch L next to R, step L diagonally back, touch R next to L

5-8 Step R diagonally back, touch L next to R, step L diagonally back, touch R next to L

TRIPLE RIGHT, ROCK RECOVER, LEFT VINE TO ¼ L, BRUSH RIGHT 9:00

1&2 3-4 Triple RLR, to side right, rock back on L, recover on R

5-8 Step L to L, R behind L, turn ¼ L, brush R 9:00

4 COUNT ROCKING CHAIR, ¼ PIVOT LEFT, RIGHT KICK BALL CHANGE 6:00

1-4 Rock fwd on R, recover on L, rock back on R, recover on L

5,6 7&8 Step fwd on R, turn ¼ L, weight on L, kick R fwd, step on R, step on L. 6:00

Start Again

Dance for the health of it
