

Naked

拍數: 64 牆數: 4 級數: Intermediate / Advanced
編舞者: Scott Blevins (USA) & Rhoda Lai (CAN) - May 2018
音樂: Naked - James Arthur : (Single)



#16 count intro

Restart occurs in rotation 5 after count 48.

[1 – 8] ROTATING SWAY, ¼ RIGHT, ¼ RIGHT, BEHIND, SWEEP, BEHIND, ¼ RIGHT

- 1-2 1-2) Step L to left swaying body over L rotating body toward left
3-4 3) Turn ¼ right stepping R forward [3:00]; 4) Turn ¼ right stepping L to left [6:00]
5-6 5) Step R behind L; 6) Sweep L from front to back
7-8 7) Step L behind R; 8) Turn ¼ right stepping R forward [9:00]

[9 -16] FORWARD, ½ LEFT, ¼ LEFT, CROSS, BALL, RECOVER, CROSS, ¼ LEFT, ½ LEFT

- 1,2,3,4 1) Step L forward; 2) Turn ½ left stepping R back [3:00]; 3) Turn ¼ left stepping L to left [12:00]; 4) Step R across L
& 5-6 &) Step ball of L a small step to left; 5) Recover to R; 6) Step L across R
7-8 7) Turn ¼ left stepping R back [9:00]; 8) Turn ½ left stepping L forward [3:00]

[17-24] FORWARD, ¼ RIGHT, CROSS, ¼ LEFT, ¼ LEFT, FORWARD, STEP, ¼ PIVOT

- 1-2 1) Step R forward prepping for right turn; 2) Turn ¼ right bringing L into passé [6:00]
3,4,5,6 3) Step L across R; 4) Turn ¼ left stepping R back [3:00]; 5) Turn ¼ left stepping L forward [12:00]; 6) Step R forward
7-8 7) Step L forward; 8) Pivot ¼ right taking weight on R [3:00]

[25-32] CROSS, SIDE, BEHIND, SIDE ROCK, RECOVER, ¼ LEFT, ½ RIGHT, ½ TRIPLE

- 1&2 1) Step L across R; &) Step R to right; 2) Step L behind R
3-4 3) Rock R to right pushing hip to right; 4) Recover to L
5-6 5) Turn ¼ left stepping R forward [12:00]; 6) Turn ½ right stepping L back [6:00]
7&8 7) Turn ¼ right stepping R to right [9:00]; &) Step L beside R; 8) Turn ¼ right stepping R forward [12:00]

[33-40] ANGLE ROCK, RECOVER, STEP, ¼ LEFT, ANGLE ROCK, RECOVER, STEP, SQUARE UP

- 1-2 1) Turn 1/8 right rocking forward on ball of L and pushing hips forward [1:30]; 2) Pushing hips back recover to R
3-4 3) Step L forward; 4) Turn ¼ left on ball of L [10:30]
5-6 5) Rock forward on ball of R pushing hips forward [10:30]; 6) Pushing hips back recover to L
7-8 7) Step R forward; 8) Turn 1/8 right on ball of R squaring up to 12 o'clock

[41-48] ROCK, RECOVER, ½ LEFT, ½ LEFT, ¼ LEFT BIG STEP, DRAG, CROSS ROCK, RECOVER, SIDE

- 1,2,3,4 1) Rock L forward; 2) Recover to R; 3) Turn ½ left stepping L forward [6:00]; 4) Turn ½ left stepping R back [12:00]
5-6 5) Turn ¼ left stepping L a big step left [9:00]; 6) Drag R toward L
7&8 7) Rock R across L; &) Recover to L; 8) Step R a small step right (Note: On restart only, draw L to R on & after count 8)

Restart here during rotation 5. You will be facing the original 9 o'clock wall.

[49-56] CROSS, FULL UNWIND, SIDE, DRAG, ¾ WALK AROUND, SWEEP

- 1-2 1) Cross L over R; 2) On ball of R, unwind on the spot a full turn right
3-4 3) Step L to left; 4) Draw R toward L ending with R touched beside L
5-6-7 5-6-7) Turning ¾ right, walk forward R-L-R from 9 o'clock to 6 o'clock
8 8) Sweep L from back to front [6:00]

[57-64] ROCK, RECOVER, ½ LEFT, FORWARD, ½ PIVOT, FORWARD, 1¼ RIGHT

1,2,3,4 1) Rock L forward; 2) Recover to R; 3) Turn ½ left stepping L forward [12:00]; 4) Step R forward

5-6 5) Pivot ½ left taking weight forward on L [6:00]; 6) Step R forward prepping for right turn

7-8 7-8) On ball of R, turn 1¼ right on the spot [9:00]

Easier Alternative: 7) Turn ¼ right stepping L to left swaying hips to left; 8) Sway hips right

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