

I Gave It All

拍數: 32 牆數: 2 級數: High Improver
編舞者: Danny Holm (DK) - April 2018
音樂: Anyway - Pegasus : (Album: One Step Closer)



Intro: 8 counts - Pattern: 32, 32, T, 32, 32, T, 16, 32, 7, ending

S1: Night club basic right, side, behind, ¼ turn left, step fw, hinge turn 2x1/2 right, pivot ¼ turn cross

1-2& Step R to right side, step L behind R, cross R over L
3-4& Step L to left side, cross R behind L, ¼ r stepping fw L (9:00)
5-6-7 Step R fw, *½ turn right stepping back on L (3:00), ½ turn right stepping R fw (9:00)

***Non turning option for count 6-7: Step fw L, step fw R**

8&1 Step L fw, make a ¼ right, cross L over R (12:00)

S2: Right side rock cross, left side rock cross, side, behind, ¼ turn right shuffling fw r, l, r,

2&3 Rock R to right side, recover on L, cross R over L
4&5 Rock L to left side, recover on R, cross L over R
6-7 Step R to right side, cross L behind R
8&1 ¼ turn right stepping R fw (3:00), step L together, step fw on R

S3: Sweep, jazzbox back, sweep, jazzbox ¼ turn, sway-sway, cross rock ¼ turn

2&3 Sweep L from back to front, cross L over R, step slightly back on R, step slightly back on L
4&5 Sweep R from back to front, cross R over L, step slightly back on L, ¼ turn right stepping R to right side (6:00)
6-7 Sway left stepping slightly to left side, sway right (weight on R)
8&1 Cross rock L over R, recover on R, turn ¼ left stepping L fw (3:00)

S4: Step turn, ¼ turn, behind, side, cross, sway-sway, drag, side together

2&3 Step fw on R, ½ turn left stepping L fw, ¼ left stepping R to right side
4&5 Cross L behind R, step R to right side, cross L over R
6-7 Sway to right side stepping R to right, sway left dragging R to towards L
8& Step R to right side, step L next to R

Start again!

Tag: After wall 2 and 4 facing 12:00

Night club basic right and left, sway r, l, r, l

1&2 Step R to right side, step L behind R, cross R over L
3&4 Step L to left side, step R behind L, cross L over R
5-6 Sway right stepping R to right side, sway left
7-8 Sway right, sway left (weight on left, restart)

Taglet / Restart: Wall 5 starts facing 12:00

Dance up until and incl. count 7 in section 2

8& Step R to right side, step L next to right - restart

Ending - Last wall starts facing 6:00

Dance up until and incl. count 7 in section 1 (weight on R facing 3:00),

8&1 Step L fw, make a ½ turn right, make a ¼ turn right stepping L to left side (facing front wall, weight on L)

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