

Hold Me Before You Leave

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Hug You Away (擁抱你離去) - Zhang Bei Bei (張北北)



Start Dance After 32 Counts - 3 Tags

There is a 32-count Tag that happens 3 times in this dance:
At start of dance (12:00) & After Wall 4, facing 12:00, dance the tag twice
After Wall 10, facing 6:00, dance the tag 3 times

Tag (32 Counts)

TS1. Fwd Walk 3X, Kick – Back 3X, Touch

1-4 Fwd Walk On RLR, Kick Fwd LF
5-8 Back Walk On LRL, Touch R Toe Beside LF

TS2. Vine R, Point – $\frac{3}{4}$ L, Touch

1-4 Side Step RF, Step LF Behind RF, Side Step RF, Touch L Toe To L Side
5-8 $\frac{1}{4}$ L Turn Fwd Step LF (9.00), $\frac{1}{2}$ L Turn Back Step RF (3.00), Back Step LF, Touch R Toe Beside LF.

TS3. Sway X4 - Heel Grind $\frac{1}{4}$ R, Back Rock

1-4 Sway Hips R-L-R-L,
5-6 Dig R heel forward and push into floor swivelling heel to the R, $\frac{1}{4}$ turn R recovering weight onto LF
7-8 Rock Back On RF, Recover Weight On LF

TS4. Side-Touch 2X, Pivot $\frac{1}{2}$ L, $\frac{1}{2}$ L

1-4. Big Step RF To R, Touch L Beside R, Big Step LF To L, Touch R Beside L
5-8. Step Forward RF, Pivot $\frac{1}{2}$ Turn L (weight onto LF), $\frac{1}{2}$ Turn L Stepping Back On RF, Step LF In Place

Main Dance (32 Counts)

Sec.1.Side Chasse, Rock Behind Recover (2X)

1&2 Side Chasse On RLR
3-4 Rock LF Behind RF, Recover Weight On RF
5&6 Side Chasse On LRL
7-8 Rock RF Behind LF, Recover Weight On LF

Sec.2.Rock Fwd Recover – Toe Strut $\frac{1}{2}$ R Turn 2X – Rock Back Recover

1-2 Rock Fwd RF, Recover Weight On LF
3-4 $\frac{1}{2}$ Turn R Touching R Toes Forward, Step Down On R Heel (6.00)
5-6 $\frac{1}{2}$ Turn R Touching L Toes Back, Step Down On L Heel(12.00)
7-8 Rock Back RF, Recover Weight On LF

Sec.3.Heel Switches – Out Out In In

1-4 Fwd Touch R Heel, Tog Step RF, Fwd Touch L Heel, Tog Step LF
5-8 Fwd Step RF To R Diagonal, Fwd Step LF To L Diagonal, Step RF Back To Center, Tog Step LF

Sec.4.Jazz Box $\frac{1}{4}$ R– Pivot Turn $\frac{1}{2}$ L $\frac{1}{2}$ L

1-4 Cross RF Over LF, $\frac{1}{4}$ R Turn Back Step LF, Side Step RF, Fwd Step LF (3.00)
5-8 Fwd Step RF, Pivot $\frac{1}{2}$ L Fwd Step LF (9.00), $\frac{1}{2}$ Turn L Stepping Back On RF, Forward Step LF (3.00)

Happy Dancing!

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