

Live It Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Dina Gonska - June 2018
音樂: Live It Up (feat. Will Smith & Era Istrefi) - Nicky Jam : (2018 FIFA World Cup Russia)



Intro: 32 Counts - No Tags or Restarts

I: Basic Merengue right diagonally fw with turn ¼ R, Basic Merengue left diagonally fw turn ¼ L

1-4 Step RF to right, LF next to right, step RF to right, touch LF next to right, turn ¼ to right
5-8 LF to left, RF next to left, step LF to left, touch RF next to left, turn ¼ to left

II: Basic Merengue right diagonally fw with turn ¼ R, Basic Merengue left diagonally fw

1-4 Step RF to right, LF next to right, step RF to right, touch LF next to right, turn ¼ to right
5-8 LF to left, RF next to left, step LF to left, touch RF next to left, facing 12:00

III: Rocking Chair, Pivot, Cha Cha Step

1-4 Step forward on RF rock back on LF in place, step back on RF, rock forward on LF in place
5 Step forward on RF
6 recover weight on LF turn ½ L
7&8 cha cha step RLR (facing 6:00)

IV:: Rocking Chair, Step on LF (3:00), Step on RF (12:00), Cha Cha Step (9:00) Turn ¾ L

1-4 Step forward on LF rock back on RF in place, step back on LF, rock forward on RF in place
5 Step LF to left turn ¼ L facing 3:00
6 Step RF to right turn ¼ L facing 12:00
7&8 cha cha step LRL turn ¼ L (facing 9:00)

REPEAT

Contact: dina@gonska.de

Last Update – 28th June 2018