

# On The Loose (AB)

拍數: 32  
編舞者: Adrian Helliker (FR) - June 2018  
音樂: On the Loose - Niall Horan

牆數: 4

級數: Absolute Beginner



Intro: 32 counts into track - No Tag, No Restart

Floor Split with – Ria Vos high beginners dance we hope you like both our dances  
<https://www.copperknob.co.uk/stepsheets/on-the-loose-ID124209.aspx>

## [1-8] SIDE, TOGETHER, SIDE, TOUCH, SWAY LEFT-RIGHT-LEFT-RIGHT

1-2 Step right to right side, left beside right  
3-4 Step right to right side, touch left beside right  
5-6 Step left to left and sway hips left, right  
7-8 Sway hips left, right taking weight on right

## [9-16] SIDE, TOGETHER, SIDE, TOUCH, SWAY RIGHT-LEFT-RIGHT-LEFT

1-2 Step left to left side, right beside left  
3-4 Step left to left side, touch right beside left  
5-6 Step right to right and sway hips right left  
7-8 Sway hips right left taking weight on left

## [17-24] ROCKING CHAIR, JAZZ BOX WITH ¼ TURN RIGHT

1-2 Rock right foot forward, recover on the left,  
3-4 Rock right foot back, recover on the left  
5-6 Cross Right over Left, step back Left  
7-8 ¼ turn right stepping Right to right side, left beside right taking weight on left (3:00)

## [25-32] STEP, KICK, BACK, TOUCH X2

1-2 Step right forward, kick left forward  
3-4 Step left back, step right back weight on left  
5-6 Step right forward, kick left forward  
7-8 Step left back, step right back weight on left

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