

# Adele

COPPERKNOB  
STEPSHEETS

拍數: 96      牆數: 1      級數: Phrased Intermediate  
編舞者: Simona Greco (IT) - May 2018  
音樂: Dancing - Kylie Minogue



Sequence: ABC ABC ABC C (33-48) FINAL

## PART A: 32 counts

### A[1-8] WALK, WALK, POINT, CROSS, POINT, CROSS, ROCK FWD

1-2            Step forward right, step forward left  
3-4            Point right to side, cross right over left  
5-6            Point left to side, cross left over right  
7-8            Rock step forward right

### A[9-16] PIVOT, SLOW COASTER STEP, JAZZ BOX TURN MODIFIED

9-10           1/2 turn right step forward right, 1/2 turn right step left back  
11-12-13      Step right back, step left to side, step right forward  
14-15-16      Cross left over right, 1/4 turn left step right back, 1/4 turn left step left forward

(6.00)

### A[17-24] SHUFFLE, ROCK BACK, SHUFFLE, ROCK BACK

17&18          Step right to side, step left together, step right to side  
19-20          Step left back, recover to right  
21&22          Step left to side, step right together, step left to side  
23-24          Step right back, recover to left

### A[25-32] TURN 1/4 LEFT, STOMP UP, TURN 1/4 LEFT, SCUFF, JAZZ BOX RIGHT

25-26          1/4 turn left step right to side, stomp up left close to right  
27-28          1/4 turn left step left forward, scuff right beside left (12.00)  
29-30          Cross right over left, step left back  
31-32          Step right to side, step left forward

## PART B: 16 counts

### B[1-8] WIZARD FORWARD, STOMP, HOLD, WIZARD BACK, COASTER STEP

1-2&           Step right forward to right diagonal, lock left behind right, step right forward to right diagonal  
3-4            Stomp left to side apart, hold  
5-6&           Step right backward to right diagonal, lock left over right, step right backward to right diagonal  
7&8            Step left back, step right to side, step left forward

### B[9-16] STEP, TURN 1/2, KICK BALL CHANGE, STEP, TURN 1/2, KICK BALL CHANGE

9-10           Step right forward, 1/2 turn left (weight on left forward)  
11&12          Kick right forward, step right together, step left to side (6.00)  
13-14          Step right forward, 1/2 turn left (weight on left forward)  
15&16          Kick right forward, step right together, step left to side (12.00)

## PART C: 48 counts

### C[1-8] RIGHT SIDE MAMBO, LEFT SIDE MAMBO, HEEL SWITCHES, HEEL, HOOK, HEEL

1&2            Step right to side, recover on left, step right close to left  
3&4            Step left to side, recover on right, step left close to right  
5&6&          Touch right heel forward, close right beside left, touch left heel forward, close left beside right  
7&8&          Touch right heel forward, hook right, touch right heel forward, close right beside left

### C[9-16] HEEL SWITCHES, HEEL, HOOK, STEP, HEEL BOUNCE 1/4 TURN X2

- 9&10& Touch left heel forward, close left beside right , touch right heel forward, close right beside left  
11&12& Touch left heel forward, hook left, touch left heel forward, step left forward  
13&14 Heel bounce turning 1/4 to right (3.00)  
15&16 Heel bounce turning 1/4 to left (weight on left) (12.00)

**C[17-24] REPEAT COUNTS 1-8**

**C[25-32] REPEAT COUNTS 9-16**

**(End the heel bounce 1/4 turn with weight on right) (12.00)**

**C[33-40] COASTER STEP, MAMBO STEP FWD, COASTER STEP, PADDLE TURN 1/2 LEFT**

- 33&34 Step left back, close right to side, step left forward  
35&36 Step right forward, recover to left, step right back  
37&38 Step left back, close right to side, step left forward  
39&40 Touch right forward, rise right knee making 1/4 turn left, make another 1/4 left turn stepping right foot to right (weight on right) (6.00)

**C[41-48] COASTER STEP, MAMBO STEP FWD, COASTER STEP, PADDLE TURN 1/2 LEFT**

- 41&42 Step left back, close right to side, step left forward  
43&44 Step right forward, recover to left, step right back  
45&46 Step left back, close right to side, step left forward  
47&48 Touch right forward, rise right knee making 1/4 turn left, make another 1/4 left turn touching right foot to right (weight on left) (12.00)

**(At the end of the dance, before repeating Part C (33-48), close the paddle turn with weight on right foot).**

**FINAL**

**[1-2] LONG STEP BACK, SLIDE**

- 1-2 Long step back with right foot, slide left to right

**Contact: [greco.simona@fastwebnet.it](mailto:greco.simona@fastwebnet.it)**

---