

# Nothin' But Ashes

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Lisa M. Johns-Grose (USA) & Donnie Allen (USA) - May 2018  
音樂: Burn Out - Midland : (www.amazon.com)



**\*\*On wall 7, Re-start after 16 cts.**

## HEEL GRIND ¼ R- R COASTER-L ROCK FWD- REC BACK R- L COASTER

1-2            Touch right heel forward with toes facing in (left) , swivel toes to out (right) while Making a ¼ right  
3&4            Step right back, step left next to right, step right forward  
5-6            Rock forward on left, recover back on right  
7&8            Step left back, step right next to left, step left forward

## SIDE R, HOLD, BALL SIDE, POINT L, ¼ STEP L, ½ STEPPING BACK, L COASTER

1-2            Side right to right side, Hold  
&3-4            Step left next to right, step right to right side, point left to left  
5-6            Turn ¼ left stepping left forward, Turn ½ left stepping right back (6:00)  
7&8            Step left back, step right next to left, step left forward

**\*\*\*\* Re-start here on wall 7**

## R ROCK FWD- REC BACK L – SHUFFLE BACK R- L ROCK BACK -R REC FWD- L SHUFFLE FWD

1-2            Rock forward right, recover back left  
3&4            Shuffle back right, left, right  
5-6            Rock back left, recover forward right  
7&8            Shuffle forward left, right, left

## STEP HEEL TWIST, R COASTER STEP, STEP HEEL TWIST, SWEEP L 1/4 COASTER TURN L

1&2            Step forward on Right, Twist both heels Right, Twist both back to center  
3&4            Step right back, Step left next to right, Step right forward  
5&6            Step forward on Left, Twist both heels Right, Twist both back to center  
7&8            Sweeping Left Behind Right ¼ Turn Left, step Right next to left, Step left forward

**\*\*\* There is a Restart on Wall 7 after 16 Counts**

**You will be facing 6 o'clock. Dance 16 counts, you will then be facing the front wall and restart the dance.**

Hope you enjoy! - Lisa & Donnie