

# Irish To The Core

拍數: 48                      牆數: 2                      級數: Phrased Improver  
編舞者: Chrystel DURAND (FR) - May 2018  
音樂: Irish to the Core - Sean Wilson & Tony Mac



Intro : 16 + 3 counts

Sequence: A-A-A-B-TAG-A-A-A-A (only the first 4 counts) B (easy !)

**PART A: 32 counts**

**A[1-8] SIDE ROCK CROSS RIGHT & LEFT, STEP LOCK STEP, STEP FORWARD, 1/4 TURN RIGHT, CROSS**

1&2                      Step right on right side, recover on left, cross right over left  
3&4                      Step left on left side, recover on right, cross left over right  
5&6                      Step right forward, lock left behind right, step right forward  
7&8                      Step left forward, 1/4 turn right (weight on right), cross left over right - 3.00

**A[9-16] KICK, TOUCH, KICK, TOUCH, KICK BALL CHANGE, JAZZ BOX 1/4 TURN RIGHT**

1&2&                      Kick right forward, touch right next to left, kick right forward, touch right next to left  
3&4                      Kick right forward, ball right next to left, right in place  
5-8                      Cross right over left, step left back, 1/4 turn right and step right on right, left step fwd - 6.00

**A[17-24] STEP LOCK STEP FORWARD RIGHT & LEFT, (HEEL DIAGONALLY FWD, STEP BACK) X 4**

1&2                      Step right forward, lock left behind right, step right forward  
3&4                      Step left forward, lock right behind left, step left forward  
5&                      Touch right heel diagonally right forward, step right backward  
6&                      Touch left heel diagonally left forward, step left backward  
7&                      Touch right heel diagonally right forward, step right backward  
8&                      Touch left heel diagonally left forward, step left backward

**A[25-32] TRIPLE FORWARD, STEP FWD, 1/2 TURN, STEP FWD, TRIPLE FORWARD, STEP FWD, 1/2 TURN, STEP FWD**

1&2                      Chassé forward (RLR)  
3&4                      Left step forward, 1/2 turn right (weight on right), step left forward  
5&6                      Chassé forward (RLR)  
7&8                      Left step forward, 1/2 turn right (weight on right), step left forward

**PART B : 16 counts**

**B[1-8] WEAVE, CROSS ROCK SIDE, EXTENDED CROSS SHUFFLE**

1&2&                      Cross right over left, step left on left side, cross right behind left, step left on left side  
3&4                      Cross right over left, recover on left, step right on right side  
5&6&                      Cross left over right, step right on right side, Cross left over right, step right on right side  
7&8                      Cross left over right, step right on right side, Cross left over right

**B[9-16] REPEAT 1-8**

**TAG (3 counts) : at the end of part B, (left is crossed over right) make 3 bounces and restart the dance**

&1&2&3                      lift and lower both heels 3 x

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