

Things Partner (P)

拍數: 32 牆數: 0 級數: Beginner Partner
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音樂: Things I Carry Around - Troy Cassar-Daley



No Tag, No Restart
Sweetheart Position
Start after 16 counts

S1: Man & Lady: Right Rumba Step Forward, Hold, Left Rumba Step Forward, Hold

1 - 2 Step R. to right side, Step L. next to R.
3 - 4 Step R. forward, Hold
5 - 6 Step L. to left side, Step R. next to L.
7 - 8 Step L. forward, Hold

S2: Man: Steps Forward (x3), Hold, Rock Step Together, Hold

S2: Lady: Full Turn Step Forward, Hold, Rock Step Together, Hold

Let go man and lady's left hands and raise the right hands above lady's head.

1 - 2 M: Step R. forward, Step L. forward,
1 - 2 L: ½ turn to the left and step R. back, ½ turn to the left and step L. forward
3 - 4 Step R. forward, Hold

Take back Sweetheart position.

5 - 6 Rock forward on L., Recover weight onto R.
7 - 8 together (close to R.), Hold (weight onto L.)

S3: Man & Lady: Light Sweep Steps (x2), Rocking Chair

1 - 2 Light sweep R. from back to front, Step R. forward (weight onto R.)
3 - 4 Light sweep L. from back to front, Step L. forward (weight onto L.)
5 - 6 Rock R. forward, Recover L. (weight back onto L.)
7 - 8 Rock R. back, Recover L. (weight back onto L.)

S4: Man: Rock Step Forward, Step Back, Hold, Rock Step Back, Step Forward, Hold

Lady: Step Turn 1/2, Step Forward, Hold, Rock Step ½ Turn, Step Forward, Hold

Raise man and lady's right hands over lady's head.

Open Double Hand Hold Position, Man facing L.O.D. and lady facing R.O.D.

1 - 2 M: Rock R. forward, Recover L. in place (weight back onto L.)
1 - 2 L: Step R. forward, Step turn ½ to left
3 - 4 M: Step R. back, Hold
3 - 4 L: Step R. forward, Hold
5 - 6 M: Rock L. backward, Recover R. (weight back onto R.)
5 - 6 L: Rock L. forward, Recover R. (weight back onto R.)

Let go man and lady's left hands and man helps lady to turn pulling back his right hand.

7 - 8 M: Step L. forward, Hold
7 - 8 L: ½ turn to the left with step L. forward, Hold

Take back Sweetheart Position facing to L.O.D.

REPEAT...

HAVE FUN & KEEP SMILE ;-)

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