

# Triple Dance

拍數: 96      牆數: 2      級數: Phrased Intermediate  
編舞者: Romain Brasme (FR) & Marlon Ronkes (NL) - May 2018  
音樂: Dance Dance Dance - Sharon Doorson



Seq: A-B-TAG1-A-B-B-A(32 COUNTS)-TAG2-B-B

## PART A – 64 counts

### [1-8] RF ROCKSTEP – RF SAILOR STEP W/ ¾ TURN R – STEP LOCK STEP X2

- 1-2            RF rockstep on the R side : step R to R (1), come back on LF (2)  
3&4           RF sailor step with 3/4 turn R (09:00)  
5&6           LF step lock step : LF step forward (5), RF cross behind LF (&), LF step forward (6)  
7&8           RF step lock step : RF step forward (7), LF cross behind RF (&), RF step forward (8)

### [9-16] TOUCH – FLICK W/ ½ TURN – STEP LOCK STEP – STEP FORWARD – SPIRALE – STEP FORWARD – TOUCH W/ 1/2 TURN

- 1-2            LF touch forward (1), LF flick with 1/2 turn R (2) (03:00)  
3&4           LF step lock step : LF step forward (3), RF cross behind LF (&), LF step forward (4)  
5-6           RF step forward (5), make a full turn spirale w/ LF (6)  
7-8           LF step forward (7), RF touch next to LF with 1/2 turn L (8) (09:00)

### [17-24] TOUCH - KICK W/ ¼ TURN R – COASTER STEP – TOUCH – KICK W/ ¼ TURN L - COASTER STEP

- 1-2            RF touch next to LF (1), RF kick forward with 1/4 turn R (2)  
3&4           RF coaster step : RF step behind (3), together (&), RF step forward (4) (12:00)  
5-6           LF touch next to RF (5), LF kick forward with 1/4 turn L (6)  
7&8           LF coaster step : LF step behind (7), together (&), LF step forward (8) (09:00)

### [25-32] ROCKSTEP – TOGETHER – ROCKSTEP - WALK, WALK, WALK - ½ TURN – OUT - OUT

- 1-2            RF rockstep on the R side  
&3-4          RF next to LF (&), LF rockstep on the L side  
5&6           LF step forward (5), RF step forward (&), LF step forward (8)  
7&8           1/2 turn L (7), RF step to the R (&), LF step to the L (8) (03:00)

### [33-40] STEP – BEHIND – SIDE – CROSS – ROCK MAMBO – CROSS – STEP – CROSS SHUFFLE

- 1              RF step to the side  
2&3          LF cross behind RF (2), RF step to the side (&), LF cross over RF (3)  
&4            RF rock mambo on the R side : step to the R (&), recover on L (4)  
5-6           RF cross over LF (5), LF step to the L side (6)  
7&8          RF cross shuffle to the L : RF cross over LF (7), LF step to the L side (&), RF cross over LF (8)

### [41-48] STEP – ARMS MOVEMENTS – CHEST POP – STEP – ARMS MOVEMENTS – CHEST POP

- 1-2            LF step to the L and place your R forearm on the L one : L elbow down - R elbow up (1), L elbow up, R elbow down (2)  
3&4           Place your arms in front of your chest and RF next to LF (3), push your chest forward (&), come back (4)  
5-6           LF step to the L and place your R forearm on the L one : L elbow down - R elbow up (5), L elbow up, R elbow down (6)  
7&8           Place your arms in front of your chest and RF next to LF (7), push your chest forward (&), come back (8)

### [49-56] WALK – WALK – MAMBO BACK – WALK BACKWARD – WALK BACKWARD – MAMBO STEP

## **FORWARD**

- 1-2 RF step forward (1), LF step forward (2)  
3&4 RF mambo back : RF rock mambo forward (3), recover on L (&), RF step behind (4)  
5-6 LF step behind (5), RF step behind (6)  
7&8 LF mambo back : LF rock mambo backward (7), recover on R (&), LF step forward (8)

## **[57-64] STEP – TOUCH – STEP – TOUCH – WALK X4 W/ ¾ TURN**

- 1-2 RF step to the side (1), LF touch next to RF (2)  
3-4 LF step to the side (3), RF touch next to LF (4)  
5-8 Walk R,L,R,F with 3/4 turn R (12:00)

## **PART B – 32 counts**

### **[1-8] TOUCH – TOGETHER – TOUCH – TOGETHER – TOUCH – TOGETHER + ARMS MOVEMENTS**

- 1&2 RF touch to the R side and R arm reach up L diagonale (1), RF next to LF (&), LF touch to the L side and L arm reach up R diagonale (2)  
&3-4 LF next to RF (&), RF Touch to the R side and bring your R arm slowly up in diagonale L  
5-8 RF come slowly next to LF, bring your R arm back down

### **[9-16] STEP – TOUCH – STEP – TOUCH – STEP FORWARD R, L – KICK - OUT OUT**

- 1-2 RF step to the side (1), LF touch behind RF (2)  
3-4 LF step to the side (3), RF touch behind LF (4)  
5-6 RF step forward (5), LF step forward (6)  
7&8 RF kick forward (7), OUT, OUT

### **[17-24] HITCH X3 – SAILOR STEP – SAILOR STEP**

- 1-4 «DANCE, DANCE, DANCE» = L knee up, R knee up, L knee up  
5&6 LF sailor step  
7&8 RF sailor step

### **[25-32] ½ TURN - ½ TURN - ½ TURN – STEP – RF COME TO LF**

- 1-4 «DANCE, DANCE, DANCE» = LF step to the side with 1/2 turn L, RF step to the side with 1/2 turn L, LF step to the side with 1/2 turn L  
5-8 LF step to the side (5), RF come next to LF (06:00)

## **TAG 1**

### **[1-4] STEP - LF COME TO RF**

- 1-4 RF step to the R side (1), LF come next to RF and restart part A

## **TAG 2 (16 counts)**

### **[1-8] CLAP - CLAP - CLAP - SNAP - SHAKE**

- 1-2 Clap your hands on thighs (1), clap your hands on hips (2)  
3-4 Clap your hands (3), snap your fingers (4)  
5-8 Shake your shoulders

### **[9-16] STEP TO THE SIDE - TOUCH - STEP TO THE SIDE - TOUCH - WALK R, L, R, L S/ 3/4 TURN R**

- 1-2 RF step to the R side (1), LF touch next to RF (2)  
3-4 LF step to the L side (3), RF touch next to LF (4)  
5-8 Walk R,L,R,L with 3/4 turn R
-