

# Hurtin Gets Hard

COPPER KNOB  
BY STEPHEN HETS

拍數: 24      牆數: 2      級數: Intermediate waltz  
編舞者: Adrian Churm (UK) & Ed Lawton (UK) - May 2018  
音樂: Hurtin' Gets Hard - Kendell Marvel : (CD: Lowdown & Lonesome)



## Sec1: Progressive twinkles x2

- 1 – 3      Step left forward and across right, step right to the side, left to the side.  
4 – 6      Step right forward and across left, step left to the side, right to the side. [12]

## Sec 2: ½ turn left, cross rock recover 1/8th turn side step

- 1 – 3      Step left across right, ¼ turn left right foot back, ¼ turn left step left foot to the side.  
(Count 3 as you turn allow left to close up next to right (no weight) before stepping out to the side).  
4 – 6      Rock right across left, recover back onto left, 1/8th turn right step right to the side [7.30]

## Sec 3: Syncopated Viennese cross on the diagonal, step back, 3/8th turn left into ½ sweep.

- 1      Step left forward towards right diagonal (prepare to turn left). [7.30]  
2&      ¼ turn to left right foot side 1/8th turn left crossing left over right. [3]  
3      1/8th turn left step right foot back. [1.30]  
4 – 6      3/8 turn left left foot forward, ½ turn left sweeping right around, touch right next to left. [3]

## Sec 4: full forward roll, ¼ turn right, draw right into left with rise and fall

- 1 – 3      Step right forward (prepare to turn right), ½ turn right left back, ½ turn right end right forward.  
4 – 6      ¼ turn right left to the side, draw right up to left over 2 counts raising up onto toes then lower.

## Tag: end of wall 5 facing 6 o'clock Cross rocks into heel turn into rise and fall

- 1 – 3      Rock left across right to right diagonal, recover back onto right, step left to the side. [6]  
4 – 6      Rock right across left to left diagonal, recover back onto left, step right back  
1 – 3      Draw left next to right foot, turn 3/8th left on heels to face front ending with rise and fall. [12]

Restart

## Tag: end of wall 10 facing 6 o'clock Cross rocks into heel turn left into rise and fall

- 1 – 3      Rock left across right to right diagonal, recover back onto right, step left to the side. [6]  
4 – 6      Rock right across left to left diagonal, recover back onto left, step right back  
1 – 3      Rock left across right to right diagonal, recover back onto right, step left to the side. [6]  
4 – 6      Rock right across left to left diagonal, recover back onto left, step right back  
1 – 3      Draw left next to right foot, turn 3/8th left on heels to face front ending with rise and fall [12]

Restart