

He Did The Monster Mash

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Beginner
編舞者: Val Saari (CAN) - May 2018
音樂: Monster Mash - Bobby Boris Pickett : (iTunes)



TOE-STRUTS FORWARD X 2 (R L), SHUFFLE FORWARD X 2 (RLR, LRL)

1-2 Touch RF toes forward, Drop heel
3-4 Touch LF toes forward, Drop heel
5&6 Shuffle forward RLR
7&8 Shuffle forward LRL

MAMBO RIGHT, MAMBO LEFT

1-4 RF Rock side right, LF recover, RF close together beside L, Hold
5-8 LF Rock side left, RF recover, LF close together beside R, Hold

TOE-STRUTS BACK X 2 (R L), SHUFFLE BACK X 2 (RLR, LRL)

1-2 Touch RF toes back, Drop heel
3-4 Touch LF toes back, Drop heel
5&6 Shuffle back RLR
7&8 Shuffle back LRL

MAMBO RIGHT, MAMBO LEFT

1-4 RF Rock side right, LF recover, RF close together beside L, Hold
5-8 LF Rock side left, RF recover, LF close together beside R, Hold

TRAVELLING SWIVELS WITH FINGER SNAPS RIGHT, LEFT

1-4 Swivel both heels to right, both toes to right, both heels to right, Snap R fingers
5-8 Swivel both heels to left, both toes to left, both heels to left, Snap L fingers

RF TOE-STRUT MODIFIED JAZZ BOX PIVOT 1/4 R, RF MAMBO BACK

1-2 Cross RF over L pivot 1/4 R, Touch RF toe - drop R heel
3-4 Step LF left on toes, LF heel down
5-6 Rock RF back, Recover LF
7-8 Step RF together, hold

TRAVELLING SWIVELS WITH FINGER SNAPS RIGHT, LEFT

1-4 Swivel both heels to right, both toes to right, both heels to right, Snap R fingers
5-8 Swivel both heels to left, both toes to left, both heels to left, Snap L fingers

STEP-PIVOT 1/4 LEFT TWICE

1-2 Step RF forward
3-4 Pivot 1/4 turn left (weight on left)
5-6 Step RF forward
7-8 Pivot 1/4 turn left (weight on left)

Suggestion: hands may be held out straight in front as though in a zombie trance

REPEAT - No tags, no restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027
Last Update - 27th May 2018