Louisiana's Calling



拍數: 56 牆數: 4 級數: Beginner

編舞者: Helaine Norman (USA) - June 2018

音樂: Louisiana Melody - David Ball



Intro: 32 counts - No tags or restarts

I. WALKS DIAGONALLY WITH HOLDS X3, KICK HOLD

1-6 Turn 1/8 left and step R forward, hold, step L forward, hold, step R forward, hold (10:30)

7-8 Kick L forward, hold

Option for 1-6: turn 1/8 left and three heel struts forward

Option: lasso motion with R hand

II. WALKS BACK WITH HOLDS X3. STEP HOLD

1-6 Step L back, hold, step R back, hold, step L back, hold

7-8 Turn 1/8 right and step R side, hold (12:00)

Option for 1-6: three toe struts back

Option: bend forward slightly while walking back

III. WALKS DIAGONALLY WITH HOLDS X3, KICK HOLD

1-6 Turn 1/8 right and step L forward, hold, step R forward, hold, step L forward, hold (1:30)

7-8 Kick R forward, hold

Option for 1-6: turn 1/8 right and three heel struts forward

Option: lasso motion with right hand

IV. WALKS BACK WITH HOLDS X3, KICK HOLD

1-6 Step R back, hold, step L back, hold, step R back, hold

7-8 Turn 1/8 left and L side, hold (12:00)

Option for 1-6: three toe struts back

Option: bend forward slightly while walking back

V. ROCKING CHAIR, SIDE MAMBO HOLD

1-2 Rock R forward, recover to L
3-4 Rock R back, recover to L
5-6 Rock R side, recover to L
7-8 Step R together, hold

VI. ROCKING CHAIR, SIDE MAMBO HOLD

1-2 Rock L forward, recover to R
3-4 Rock L back, recover to R
5-6 Rock L side, recover to R
7-8 Step L together, hold

VII. JAZZ BOX MAKING 1/4 TURN

1-2 Cross R over, hold3-4 Step L back, hold

5-6 Turn 1/4 right and step R side, hold (3:00)

7-8 Step L together, hold

Option: Toe struts instead of steps with holds

VIII. CHARLESTON

1-2 Touch R forward (or kick forward), hold

3-4 Step R back, hold

5-6 Touch L back, hold7-8 Step L together, holdOption: Sweep on even instead of holds

Repeat

Ending: After count 32 on repetition 7, turn 1/2 right and pose with weight on L

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