

Beautiful Flames

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Advanced NC2S
編舞者: Gary O'Reilly (IRE) & Maggie Gallagher (UK) - May 2018
音樂: Ashes - Céline Dion : (Amazon & iTunes)



Intro: 16 counts - Dance starts facing [1:30]

S1: PRESS/SLIDE, ½, ½, ½, ¾ SWEEP, CROSS, SIDE, BEHIND/SWEEP, BEHIND, SIDE, OUT, IN, CROSS, POINT, TOUCH

- 1 Push ball of right forward toward right diagonal transferring weight onto right while sliding left toe back along the floor into a point (1) [1:30]
2& ½ left stepping forward on left [7:30] (2) ½ left stepping back on right (&) [1:30]
3 ½ turn left stepping forward on ball of left while sweeping right around from back to front continuing to sweep to make a further ¾ turn left (3) [3:00]
4&5 Cross right over left (4), Step left to left side (&), Cross right behind left sweeping left around from front to back (5)
6& Cross left behind right (6), Step on ball of right to right side raising up on ball of right (&)
7&a Step on ball of left out to left side raising up on ball of left (7), Step right next to left starting to lower balls of feet (&), Bend knees slightly crossing left over right (a)
8& Point right to right side (8), Touch right next to left (&)

S2: SIDE, BACK ROCK, ¼, BACK-¼-CROSS, WALK/SWEEP, WALK/SWEEP, WALK, RUN-RUN

- 1-2& Long step right to right side dragging left towards right (1), Cross rock left behind right (2), Cross right over left (&)
3 ¼ right stepping back on ball of left (3) [4:30]
NOTE: Consider count (3) as a 'long' count. Take your time before falling back into count (4)
4&a Small run back on right (4) Small run back on left making ¼ turn left stepping left to left side (&) [1:30], ¼ left crossing right over left (a) [12:00]
5 ¼ left walk forward on left [10:30] sweeping right around from back to front continuing the sweep to make a further ¾ turn left (5) [6:00]
6-7 Walk forward on right sweeping left around from back to front (6), ¼ right walk forward on left (7) [7:30]
8& Small run forward on right (8), Small run forward on left (&) [7:30] *RESTART WALL 2

S3: RISE, RUN-RUN, RISE, RUN-RUN, SWAY, SWAY, ¼, ½, ½, ½

- 1-2& Rise up on ball of right hitching left (1), Small run forward on left (2), Small run forward on right (&)
3-4& Rise up on ball of left hitching right (3), Small run back on right (4), Small run back on left (&)
5 ¼ right stepping right to right side swaying to right while looking over right shoulder toward 1:30 (5) [10:30]
6 Sway left to left side while looking over left shoulder toward 7:30 (6) [10:30]
7& ¼ right stepping forward on right [1:30] (7), ½ right stepping back on left (&) [7:30]
8& ½ right stepping forward on right [1:30] (8), ½ right stepping back on left (&) [7:30]

S4: SWEEP, CROSS, ¼, ¼, SIDE, CROSS, SIDE/KICK, SIDE, CROSS, SIDE/KICK, RUN, RUN

- 1 ¾ right stepping forward on right ronde sweeping left around from back to front (1) [12:00]
2&3 Cross left over right (2), ¼ left stepping back on right (&), ¼ left stepping left to left side swaying to left (3) [6:00]
4&5 Step right to right side (4), Cross left over right (&), Step on ball of right to right side opening body to left diagonal with low kick forward left (5)
6&7 Step left to left side (6), Cross right over left (&), Step on ball of left to left side opening body to right diagonal with low kick forward right (7)
8& Small run forward on right to right diagonal [7:30] (8), Small run forward on left (&) [7:30]

***RESTART: After 16 counts on Wall 2 facing [1:30]**

ENDING: Wall 6 dance first 14 counts (up to Count 6 of S2) then add

7 Walk forward on left (7) [12:00]

8& ½ left stepping back on right [6:00] (8), ½ left stepping forward on left (&) [12:00]

1 Step right out to right side

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