

# Making Your Mind Up

**COPPER** KNOB  
BY STEPHEN

拍數: 48      牆數: 4      級數: High Beginner ECS  
編舞者: Christina Yang (KOR) - May 2018  
音樂: Making Your Mind Up - Bucks Fizz



Start the dance after 16 counts

## SECTION 1: CHARLESTON KICK, BACKWARD, FOOT CLOSED WITH WEIGHT CHANGE

1-4            RF forward, hold, LF forward kick, hold  
5-8            LF backward, hold, RF backward, LF closed RF with weight change to LF

## SECTION 2: CHARLESTON KICK, BACKWARD, FOOT CLOSED WITH WEIGHT CHANGE

1-4            RF forward, hold, LF forward kick, hold  
5-8            LF backward, hold, RF backward, LF closed RF with weight change to LF

## SECTION 3: FORWARD ROCK WITH BEND OF KNEE, HOLD, 1/4 TURN TO L WITH RECOVER, HOLD, FORWARD ROCK WITH BEND OF KNEE, HOLD, 1/4 TURN TO L WITH RECOVER, HOLD

1-4            RF forward rock (bend of R knee) with both arms straight to R side, hold, 1/4 turn to L with LF recover and both arms bending, hold  
5-8            RF forward rock(bend of knee) with both arms straight to R side, hold, 1/4 turn to L with LF recover and both arms bending, hold

## SECTION 4: CROSS, CROSS, BACK, SIDE, CROSS, CROSS, 1/4 TURN TO L WITH BACK, SIDE

1-4            RF cross over LF, LF cross over RF, RF backward, LF side  
5-8            RF cross over LF, LF cross over RF, 1/4 turn to L with RF backward, LF side

## SECTION 5: OUT, OUT, IN, IN, JUMPING TO FORWARD, 3 TIMES OF HOLD

1-4            RF diagonal forward to R side, LF diagonal forward to L side, RF backward, LF closed RF  
5-8            Jumping to forward with both feet, 3 times of hold

## SECTION 6: (TWIST TO R WITH BOTH ARMS STRAIGHT UP TO DIAGONAL R, CENTER WITH BOTH ARMS BENDING ) X 4

1-4            Both heels swivel to R side with both arms straight up to R side, Both heels center with both arms bending, Both heels swivel to R side with both arms straight up to R side, Both heels center with both arms bending,  
5-8            Repeat the upper steps

RESTART: On the 3rd, 5th, 7th wall, you will dance to 36 counts and start again.

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<http://www.youtube.com/user/thetrianglelinedance>