

Strings of My Heart

拍數: 64 牆數: 2 級數: High Beginner
編舞者: Marian van der Heijden (NL) - May 2018
音樂: Zing! Went the Strings of My Heart - The Trampps : (Album: The Collection)



Intro - 16 counts

Side, Together, Chassé (x2)

1-2 RF step side, LF together
3&4 RF step side, LF together, RF step side
5-6 LF step side, RF together
7&8 LF step side, RF together, LF step side [12]

Rock Fwd Recover, Shuffle Bkw, Rock Back Recover, Shuffle Fwd

1-2 RF rock forward, LF recover
3&4 RF step back, LF step beside, RF step back
5-6 LF rock back, RF recover
7&8 LF step forward, RF step beside, LF step forward [12]

Point, Touch, Side, Touch (x2)

1-4 RF point side, RF touch beside, RF big step side, LF drag together and touch beside
5-8 LF point side, LF touch beside, LF big step side, RF drag together and touch beside [12]

Mambo Fwd x2, Mambo Bkw x2

1&2 RF rock forward, LF recover, RF step beside
3&4 LF rock forward, RF recover, LF step beside
5&6 RF rock back, LF recover, RF step beside
7&8 LF rock back, RF recover, LF step beside [12]

Walk Fwd x2, Kick Ball Step (x2)

1-2 RF step forward, LF step forward
3&4 RF kick forward, RF step beside on ball foot, LF step forward
5-6 RF step forward, LF step forward
7&8 RF kick forward, RF step beside on ball foot, LF step forward [12]

Rock Fwd Recover, Shuffle ½ R, Diag. Fwd, Touch, Diag. Fwd, Together

1-2 RF rock forward, LF recover
3&4 RF ¼ right step side, LF step beside, RF ¼ right step forward
5-8 LF step left forward, RF touch beside, RF step right forward, LF step beside [6]

Vine, Touch (x2)

1-4 RF step side, LF cross behind, RF step side, LF touch beside
5-8 LF step side, RF cross behind, LF step side, RF touch beside [6]

Point Across - Together x2, Point Behind - Together x2

1-4 RF point across, RF together, LF point across, LF together
5-8 RF point behind, RF together, LF point behind, LF together [6]

Start again

Restart: Dance the 3rd wall up to and including count 48 (count 8 of the 6th section) then start again

