

The Language of Love

COPPER KNOB
BY STEPHEN

拍數: 32

牆數: 2

級數: High Intermediate (Rolling 8 pattern)



編舞者: Niels Poulsen (DK) - April 2018

音樂: F.U. - Little Mix : (Album: Glory Days - iTunes, etc)

Intro: 4 count intro from main beat (3 secs. into track). Start with weight on L foot

***2 Restarts: Both Restarts happen after 20 counts on walls 3 and 6 which start at 12:00. And, both times the Restarts also happen facing 12:00. How easy can that be!...**

[1 – 8] R back rock, walk L sweep, L twinkle, cross, reverse rolling vine into rock ¼ R, ¼ R

1 – 3 Rock back on R (1), recover fwd onto L sweeping R fwd (2), step R fwd sweeping L fwd (3) 12:00

4&a5 Cross L over R (4), rock R to R side (&), recover onto L (a), cross R over L (5) 12:00

6a7 Turn ¼ R stepping L back (6), turn ½ R stepping R fwd (a), turn ¼ R rocking L to L side (7) 12:00

8a Recover onto R turning ¼ R (8), turn ¼ R stepping L to L side (a) 6:00

[9 – 16] R back rock, ¼ L side, L back rock, L side, R&L sailors, behind sweep, behind, ¼ R

1 – 2a Rock back on R (1), recover fwd onto L (2), turn ¼ L stepping R to R side (a) 3:00

3 – 4a Rock back on L (3), recover fwd onto R (4), step L to L side (a) 3:00

5&a Cross R behind L (5), step L to L side (&), step R to R side (a) 3:00

6&a Cross L behind R (6), step R to R side (&), step L to L side (a) 3:00

7 – 8a Cross R behind L sweeping L to L side (7), cross L behind R (8), turn ¼ R stepping R fwd (a) 6:00

[17 – 24] ½ R sweep, back rock pop, recover hitch, jazz ¼ R lunge, 1 ¼ L, 3/8 L hitch, fwd R&L

1 – 2 Turn ½ R stepping L back & sweeping R to R side (1), rock R back popping L knee fwd (2) 12:00

3 – 4a Recover fwd onto L hitching R knee (styling: go up on ball of left foot at the same time) (3), cross R over L (4), step back on L (a) ...

*** Restarts on walls 3 & 6 and at 12:00 each time 12:00**

5 Turn ¼ R lunging R to R side (5) 3:00

6a7 Turn ¼ L stepping L fwd (6), turn ½ L stepping R back (a), turn ½ L stepping L fwd hitching R knee but also continuing to turn 3/8 L on L foot (7) 7:30

8a Run fwd R (8), run fwd L (a) 7:30

[25 – 32] R rock fwd, ½ R, step turn sweep, L&R twinkles travelling forward, step turn turn

1 – 2a Rock R fwd (1), recover back on L (2), turn ½ R stepping R fwd (a) 1:30

3 – 4 Step L fwd (3), turn ½ R stepping R fwd but also sweeping L fwd (4) 7:30

5&a Cross L over R (5), rock R to R side squaring up to 6:00 (&), recover onto L stepping L forward (a) 6:00

6&a Cross R over L (6), rock L to L side (&), recover onto R stepping R forward (a) 6:00

7 – 8a Step L fwd (7), turn ½ R stepping R fwd (8), turn ½ R stepping back on L (a) 6:00

ENJOY!

Ending Wall 9 is your last wall (starts at 12:00). Do the first 16 counts.

When doing the ½ turn sweep on count 17 you hit the last beat in the music automatically ending at 12:00

Contact - Niels Poulsen: nielsbp@gmail.com

