

The Favourite

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Tim Johnson (UK) - May 2018
音樂: The Favourite - Aston Merrygold



Count In: Dance begins after 32 counts

Notes: Count 3* in section 2 can be a hold rather than a chest iso.

[1 – 8] Walk right, Walk Left, brush hitch $\frac{1}{4}$ heel, vine right, side mambo

- 1-2 Walk right (1) Walk left (2)
3&4 Brush right foot forward (3) Hitch right knee making a $\frac{1}{4}$ turn left (&) step right heel down to right side (4)
5&6 Step left behind right (5) step right to right side (&) cross left over right (6)
7&8 Rock right out to right side (7) recover weight to left (&) touch right next to left (8)

[9 – 16] Point right & left, chest isolation, ball side, walk $\frac{3}{4}$

- 1&2 Point right foot to right side (1) step right foot back in place (&) Point left foot to left side (2)
3&4 Keeping lower body still move upper body from right to left (3*) Step right next to left (&) step left to left side (4)
5-8 Step right foot over left (5) Over counts 6-8 walk round to the left making a $\frac{3}{4}$ turn, walking left, right, left

[17 – 24] Right kick & pop, Left kick & pop, cross right , step left $\frac{1}{4}$, $\frac{1}{2}$ side shuffle right

- 1&2& Kick right foot forward (1) Step right next to left (&) with feet together, lift heels & pop knees out to front diagonals (2) drop heels and bring knees in (&)
3&4& Kick left foot forward (3) Step left next to right (&) with feet together, lift heels & pop knees out to front diagonals (4) drop heels and bring knees in (&)
5-6 Step right over left (5) Step back on left making a $\frac{1}{4}$ turn to the right (6)
7&8 (making a $\frac{1}{2}$ turn to the right) Step right to right side (7) step left next to right (&) step right to right side (8)

[25 – 32] Left rock & back, $\frac{1}{4}$ behind side cross rock, out out, heels toes, heel heel, back back

- 1&2 Rock forward on the left (1) Recover weight on to the right (&) step back on the left (2)
3&4& Step right behind left making a $\frac{1}{4}$ turn to the left (3) Step left to left side (&) Rock right over left (4) recover weight on to left (&)
5&6& Step right out to right side (5) Step left down in place (&) bring both heels in together (6) bring both toes in together (&)
7&8& Step right heel forward to right diagonal (7) step left heel forward to left diagonal (&) Step right foot back in place (8) step left foot back in place (&)

Contact: Timbo_84@hotmail.com