

Chocolate

拍數: 56 牆數: 2 級數: Improver
編舞者: Miko Yamamoto (INA) & Dula Honesty (INA) - May 2018
音樂: Chocolate by Bolbbalgan4



Intro: 32 Count - No Tag – No Restart

SECT 1: RUMBA BOX WITH TOUCH

1-4 Step R to side, Step L next to R, Step R forward, Touch L beside R
5-8 Step L to side, Step R next to L, Step L back, Touch R beside L

SECT 2: LINDY (RIGHT, LEFT)

1&2 Step R to side, Step L next to R
3-4 Rock L back, Recover on R
5&6 Step L to side, Step R next to L
7-8 Rock R back, Recover on L

SECT 3: FORWARD LOCK SHUFFLE, FORWARD ROCK, RECOVER

1&2 Step r forward, Lock L behind r, Step R forward
3-4 Rock L forward, Recover on R
4&6 Step L back, Cross R over L, Step L back
7-8 Rock R back, Recover on L

SECT 4: SPIRAL FULL TURN LEFT, RIGHT GRAPEVINE

1-4 Cross R over L, Full turn L (Weight On L)
5-8 Step r to side, Cross L behind R, Step R to side, Touch L outside L

SECT 5: LEFT GRAPVINE, SIRAL FULL TURN LEFT

1-4 Step L to side, Cross R behind L, Step L to side, Touch R outside R
5-8 Cross R over L, Full turn L (Weight On L)

SECT 6: (KICK BALL TOUCH)X2, ROCKING CHAIR

1&2 Kick R forward, Step on ball of R next to L, Touch L outside L
3&4 Kick L forward, Step on ball of L next to R, Touch R outside R
5-8 Rock R forward, Recover on L, Rock R back, Recover on L

SECT 7: HALF LEFT TURN, FORWARD LOCK SHUFFLE, SIDE MAMBO (LEFT, RIGHT)

1-2 Step R forward, Pivot ½ turn L
3&4 Step R forward, Lock L behind R, Step R forward
5&6 Rock L to side, Recover on R, Step L next to R
7&8 Rock R to side, Recover on L, Touch R toe beside L

Enjoy the dance

For more information about the dance contact: febe.yamamoto@yahoo.com