

On The Loose

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Joe Thompson (USA) - April 2018
音樂: On the Loose - Niall Horan



2 Cross Rocks, 2 Half Turns

1&2 Cross R over L, recover L, return R back home(keep weight on R)
3&4 Cross L over R, recover R, return L back home(keep weight on L)
5-6 Step R forward, make Left half turn onto L
7-8 Step R forward, make Left half turn but keeping weight on R foot

Rock, Recover, ½ Turn Right Triple, 2-1/8 Right turns, ¼ Right turn & Slide Left foot

1-2 Step back rocking back on L foot, rock forward onto R
3& Step forward onto L making a ¼ turn Right, Step back R making ¼ turn(facing 6)
4 Step L next to R foot
5-6 Step forward diagonal right onto R, Step forward Left making another 1/8 turn right
7-8 Step R to right making ¼ turn right(now facing 12), Slide L over to R(taking weight)

Jazz Square w/ ¼ turn Right, 2 Hook Triples

1-2 Cross R over L, Step L back while turning 1/8 turn Right
3-4 Step R to Right while turning 1/8 turn Right, Step L next to R(taking weight)
5&6 Hook R behind L, recover weight to L, Replace R back to Right side
7&8 Hook L behind R, recover weight to R, Replace L back to Left side

Accelerated Grapevine Right, Full Turn Left on L foot with R foot sweep

&1&2 Step R to right, Cross L over R, Step R to Right, Cross L behind R
&3-4 Step R to right, Cross L over R, Step R forward keeping weight on L
5-6-7-8 Do full turn spin on L foot while sweeping R foot

Optional Paddle Turns in place of full turn spin

5-6-7-8 Keep weight on L foot and do 4 ¼ turn paddles w/ R foot

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