Wasted NC

COPPER KNOE

拍數: 16

牆數:4 編舞者: Lars Kuif (NL) - May 2018

音樂: Wasted - MKTO

級數: Intermediate



Starts after 4 counts. (App. 3 seconds in song)

[1 – 8] Basic NC, L Side, Touch Behind, Unwind Full Turn R, Side, Sweep, Behind-Side, Cross Rock, Side	
1 – 2&	Step R to side (1), step L slightly behind R (2), recover to R (&) [12.00]
3 – 4&	Step L to side (3), touch R toe behind L (4), unwind full turn R and weight to R (&) [12.00]
5 – 6&	Step L to side with R sweep back (5), step R behind L (6), step L to side (&) [12.00]
7 – 8&	Rock R across L (7), recover to L (8), step R to side (&) [12.00]
[9 – 16] Walk Diag. With Sweeps, Rock Fwd., Full Turn L, Sweep, Behind-Side-Cross, Step Fwd., ¾ L	
[9 – 16] Walk I	Diag. With Sweeps, Rock Fwd., Full Turn L, Sweep, Behind-Side-Cross, Step Fwd., ¾ L
[9 – 16] Walk I 1 – 2	Diag. With Sweeps, Rock Fwd., Full Turn L, Sweep, Behind-Side-Cross, Step Fwd., ¾ L Step L diag. fwd. with R sweep (1), step R diag. fwd. with L sweep (2) [01.30]
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1 – 2	Step L diag. fwd. with R sweep (1), step R diag. fwd. with L sweep (2) [01.30]
1 – 2 3 – 4&	Step L diag. fwd. with R sweep (1), step R diag. fwd. with L sweep (2) [01.30] Rock L fwd. (3), recover to R (4), ½ L stepping L fwd. (&) [07.30]

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