

# Got Me Running

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Easy Intermediate  
編舞者: The A (FR) - April 2018  
音樂: Got Me Running - Texas Martha & The House of Twang



Free music download at: <https://texasmarttha.com/music>

Intro: Start after the beat. Approx 31 sec.

Note: Thanks to Marty Fields for allowing us to use their beautiful recovery!

Description: ECS – 1 Restart

## Section 1

**[1 TO 8] CHASSE TO R, L ROCKSTEP BACKWORD, L TRIPLE FORWARD TO THE L DIAGONAL, R STEP FORWARD, TURN 3/8 TO L**

1&2      RF to R – LF next to RF – RF to R 12:00  
3-4      ROCK LF behind RF – Recover on RF 12:00  
5&6      LF on L diagonal – RF next to L – LF on L diagonal 10:30  
7-8      RF Forward - 3/8 tr to the L 06:00

## Section 2

**[9 TO 16] R TOE STRUT, L TOE STRUT, HALF PUSH TURN**

1-2      Step R Toe forward – Drop R heel 06:00  
3-4      Step L toe forward – Drop L heel 06:00  
5-6      Step R toe forward – Pivot 1/4 Tr to L (ending weight on L) 03:00  
7-8      Step R toe forward – Pivot 1/4 Tr to L (ending weight on L) 12:00

## Section 3

**[17 TO 24] JAZZ BOX SQUARE, KICK BALL BACK X2**

1-4      Cross RF over LF – Step LF back – Step RF to R side – Step LF forward 12:00  
5&6      KICK R forward – Step R toe next to L – Step LF backward 12:00  
7&8      KICK R forward – Step R toe next to L – Step LF backward 12:00

## Section 4

**[25 TO 32] MONTEREY TURN, TOUCH R HEEL FORWARD, REPLACE, TOUCH L TOE BACKWORD, REPLACE, TOUCH R TOE BACKWORD, REPLACE, L BRUSH ACROSS**

1-4      POINT R to R side – 1/2 tr to R stepping R next to L – POINT L to L side – Step L next to R - 06:00  
5&6&      TOUCH R heel forward (5)– RF next to LF (&)– TOUCH L toe back (6) – LF next to R (&) 06:00  
7&8      TOUCH R toe back (7)– RF next to L (&) – BRUSH LF from back across to R diagonal (8) 06:00

\* RESTART here on wall 3, make a STOMP next to R until the BRUSH across 06:00

## Section 5

**[33 TO 40] WEAWE TO THE R, L FORWARD WITH 1/4 TRN TO R, PIVOT 1/2 TRN TO R, 1/4 TRN TO R & BIG LEFT STEP, SLIDE**

1-4      CROSS LF over RF – RF to R side – CROSS LF behind RF – RF to R side 06:00  
5-6      1/4 tr to R stepping forward on L - PIVOT 1/2 tr to R (weight on R) 03:00  
7-8      1/4 tr to R and big L step to L - SLIDE R toe touch on R diagonal 06:00

## Section 6

**[41 to 48] SWIVEL HEEL TO R AND R HIP BUMP, REPLACE, SWIVEL HEEL TO R AND R HIP BUMP, REPLACE, VAUDEVILLE STEP X2**

1-2 SWIVEL R heel and R HIP BUMP - Recover to center 06:00  
3-4 SWIVEL R heel and R HIP BUMP - Recover to center 06:00  
&5&6 RF to side (&) –L KICK forward on L diagonal (5) – LF back (&) - CROSS R over L (6) 06:00  
&7&8 LF to side (&) – R KICK forward on R diagonal D (7) – RF back (&) – CROSS L over R (8)  
06:00

**RESTART:** Restart on wall 3 facing to 06:00. Make a STOMP untill the BRUSH to count 32 then restart from the top

**RESTART AND HAVE FUN!**

RA = right arm, LA = left arm, C = center, R = right, L = left, W = weight, RF = Right Foot or Step Right Foot, LF = Left Foot or step left foot, Tr ot trn = Turn

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