

Nothin' Better (for beginners)

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sue Wellesley-Davies (NZ) - May 2018
音樂: Don't Get Better Than That - LOCASH



Section 1: R Cross rock, side shuffle. L Cross rock, side shuffle

1-2 Rock R across L, rocking weight onto R, then weight back onto L
3&4 Step R to R side, bring L to R, step R to R side (shuffle R)
5-6 Rock L across R, rocking weight onto L, then weight back onto R
7&8 Step L to L side, bring R to L, step L to L side (shuffle L) ** RESTART HERE AT 12.00 ON WALLS 5 AND 10

Section 2: Heel switches, 1/2 pivot x 2

1&2& Step R heel in front, bring back beside L, step L heel in front, bring back beside R
3-4 Step R foot fwd and pivot ½ turn to the Left
5&6& Step R heel in front, bring back beside L, step L heel in front, bring back beside R
7-8 Step R foot fwd and pivot ½ turn to the Left

Section 3: Grapevine R, then Left

1-2 Step R to R side, step L behind R
3-4 Step R to R side, tap L beside R
5-6 Step L to L side, step R behind L
7-8 Step L to L side, tap R beside L

Section 4: ¼ Monterey R, Heel hold, clap x 2

1-2 Touch R toe to R side, turn ¼ R on ball of L foot, bringing R foot back beside L
3-4 Weight on R, Touch L toe to L side, then step L beside R
5-6& Step R heel in front, hold/clap, bring R foot back
7-8& Step L heel in front, hold/clap, bring L foot back

****Restarts x 2 - both at front on walls 5 and 10 after 8 counts**

Last Update: 13 Sep 2023