

Outside Your Door

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Stephen & Lesley McKenna (SCO) - May 2018
音樂: Outside Your Door - Dolly Parton : (Album: Pure & Simple)



Section 1: R side rock, rec, R cross shuffle, 1/4 R x2, L cross shuffle

1-2 Rock R to R side, recover L
3&4 Cross R over L, step L small step L, cross R over L
5-6 Turn 1/4 R stepping back L, turn 1/4 R stepping R to side
7&8 Cross L over R, step R small step R, cross L over R

Section 2: R side rock, rec, cross & heel & cross, back, 1/4 L side shuffle

1-2 Rock R to R side, recover L
3&4 Cross R over L, step L small step L, touch R heel forward to R diagonal
&5-6 step R next to L, cross L over R, step back on R
7&8 Turn 1/4 L stepping L to L side, step R next to L, step L to L side

Section 3: Samba travelling forward x2, R rock, rec, 1/2 R shuffle

1&2 Cross R over L, rock L to L side, recover R (travel forward slightly)
3&4 Cross L over R, rock R to R side, recover L (travel forward slightly)
5-6 Rock forward R, recover back L
7&8 Turn 1/4 R stepping R to Side, step L next to R, turn 1/4 R stepping forward R

Section 4: Step forward L, spiral full turn R, R shuffle forward, rock L, rec, L coaster

1-2 Step forward L, make full turn R on the ball of L as you hook R
3&4 Step forward R, step L next to R, step forward R
5-6 Rock forward L, recover back R
7&8 step back L, step R next to L, step forward L

Section 5: Rock R diag forward, rec & rock L back diag, rec, L sailor step, behind, side, cross

1-2 Rock forward R to R diagonal, recover L
& 3-4 step R next to L, rock back L to L diagonal, recover R
5&6 Step L behind R, step R to R side, step L to L side
7&8 Step R behind L, step L to L side, cross R over L

Section 6: L side, together, L shuffle forward, R side, together, R side shuffle

1-2 Step L to L side, step R next to L
3&4 Step L forward, step R next to L, step L forward
5-6 Step R to R side, step L next to R
7&8 Step R to R side, step L next to R, step R to R side

Section 7: L rock back, rec, L kick ball cross, 1/4 L, 1/2 L, 1/2 L shuffle

1-2 Rock back L, recover R
3&4 Kick L forward, step L next to R, cross R over L
5-6 Turn 1/4 L stepping L forward, turn 1/2 L stepping back R
7&8 Turn 1/4 L stepping L to L side, step R next to L, turn 1/4 L stepping L forward

Section 8: R rocking chair, R rock & cross, L rock & cross

1-2 Rock forward R, recover back L
3-4 Rock back R, recover forward L
5&6 Rock R to R side, rec L, cross R over L
7&8 Rock L to L side, rec R, cross L over R

Enjoy!

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