Harus Bahagia

拍數: 64

級數: Phrased Improver

編舞者: Bambang Satiyawan (INA) - March 2018

音樂: Harus Bahagia - Yura Yunita

Dance Section : A,A,A,A,B,B,B(16 counts),A,A(24 counts),B,B,C,D,D,B(12 counts), Ending.

Start dance on vocal,

SECTION A: 32 counts

AI.SIDE-BEHIND-SIDE ROCK-RECOVER-BEHIND-SIDE-CROSS-T OUCH-SAILOR TURN

- 1 2 Step R to side, Cross L behind R
- 3&4& Rock R to side, Recover on L, Cross L behind R, Step L to side
- 5 6 Cross R over L, Touch L to side
- 7&8 Turn ¼ left swing I back step L back, Close R beside L, Step L forward

AII.TOE STRUTH-SYNCOPATED MAMBO-LONG-DRAG-TOUCH-TURN

- 1 2 Touch R forward, Drop R heel
- 3&4& Step L forward, Step R in place, Step L back, Step R in place
- 5 6 Step L long to side, Drag R to L
- 7 8 Touch R behind L, Turn ½ Right Step R in place

AIII.WALK-SIDE ROCK - RECOVER-CROSS SHUFFLE-MONTEREY

- 1–2 Walk L-R
- 3&4& Rock L to side, Recover on R, Cross L over R, Step R to side
- 5 6& Cross L over R, Touch R to side, Turn ¼ right close R beside L
- 7& 8 Touch L to side, Close L beside R, Touch R to side

AIV.ROCK RECOVER-COASTER STEP- SIDE TOUCH-DRAG-TOUCH

- 1 2 Rock R forward, Recover on L
- 3&4& Step R back, Close L beside R, Step R forward, Hitch L
- 5 7 Long L to side, Drag R to L for 2 counts
- 8 Flick R behind L

SECTION B: 8 counts

BI.(OUT OUT-IN IN) 2X

- 1 2 Step R diagonal forward, Step L diagonal forward
- 3 4 Back R to center, Close L beside R

BII(.JAZZ BOX) 2X

- 1 2 Cross R over L, Step L back
- 3 4 Step R to side, Step L forward

SECTION C: 16 counts

CI.STOMP-HOLD-CLOSE-STOMP-HOLD

- 1 4 Stomp your R to side and hold (weight on both feet)
- &5-8 Close R beside L, Stomp L to side and Hold (weight on both feet)

CII.STOMP-HOLD-CLOSE-JAZZBOX

- &1 4 Close L beside R, Stomp R to side and Hold (weight on both feet)
- &5 6 Close R beside L, Step L to side, Cross R over L
- 7& 8 Step L back, Step R to side, Step L forward





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SECTION D: 8 counts

DI.SIDE-HIP PUSH-R-L

1&2&3&4 step R to side, Push hip Right and Left (weight on R)

DII.HIP PUSH L-R

5&6&7&8 Step L to side, Push hip left & right (weight on L)

ENDING

- 1-5 Touch R to side, Hold for 4 counts
- 6 Flick R (Body Angle diagonal left)
- 7 Cross R over L
- 8 Full turn until facing front

Enjoy The Dance,

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