

Little Bit

拍數: 32 牆數: 4 級數: Improver
編舞者: Michael O'Shea (IRE) - May 2018
音樂: Little Bit of Life - Craig Morgan : (Album: The Journey, Livin' Hits or Single)



#16 count intro.

Heel & heel & kick out, out, sailor scuff, side, mambo step

1&2& Touch right heel fwd, close right to left, touch left heel fwd, close left to right
3&4 kick right foot fwd, step right to right side, step left to left side
5&6& rock right behind left, replace weight to left, scuff right, step right to right side
7&8 rock back left, replace weight to right, step fwd left

step touch, back kick, shuffle back, step 1/2, side 1/4, sailor step

1&2& step fwd right, touch left behind right, step back left, kick right fwd
3&4 shuffle back right, left, right
5-6 step left 1/2 turn left, turning 1/4 turn left step right to right side
7&8 rock left behind right, step right to right side, step left to left side

****Restart here on wall 4 (6:00)**

kick ball, side rock, kick ball, side rock, cross back & cross, side rock

1&2& kick right fwd, step onto right, rock left to left side, replace weight to right
3&4& kick left fwd, step onto left, rock right to right side, replace weight to left
5-6& cross right over left, step back left, step onto right (&)
7-8& cross left over right, rock right to right side, replace weight to left

cross rock, 1/4 turn chasse, cross, 1/4 turn, 1/2 turn shuffle

1-2 rock fwd right, replace weight to left
3&4 turning 1/4 turn right chasse right, left, right
5-6 cross left over right, turning 1/4 turn left step back right
7&8 turning 1/2 turn left shuffle fwd left, right, left

Begin again.

Restart: On wall 4 after 16 counts, restart facing 6:00

Contact: michael@inline.ie - www.inline.ie