

Girl On The Coast

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Michael O'Shea (IRE) - May 2018
音樂: Girl On the Coast - Jessie James Decker : (Album: Gold or Single)



#16 Count Intro.

Mambo step, back, coaster step, shuffle fwd left, 1/2 turn, touch, step

1&2& rock fwd right, replace weight to left, step back right, step left beside right
3&4 step back right, close left to right, step fwd right
5&6 shuffle fwd left, right, left
7&8 step fwd right, turn 1/2 turn left touching left foot beside right, step fwd left

Cross front, side, behind, sweep, behind side cross, side rock, back rock, side rock

1&2& cross right over left, step left to left side, step right behind left, sweep left back
3&4 step left behind right, step right to right side, cross left over right
5-6 rock right to right side, replace weight to left

Option: Add a double 'Hula Wave' on the side rock. (5-6)

7&8& rock back right, replace weight to left, rock right to right side, replace weight to left

****Restart here on wall 3 facing 12.00**

Cross, side rock, cross, scuff, side, scuff, cross rock, side, together, mambo step

1-2& cross right over left, rock left to left side, replace weight to right
3&4& cross left over right, scuff right clicking fingers, step onto right, scuff left clicking fingers

Note: Counts 3&4& travel to right diagonal.

5&6& rock left over right, replace weight to right, step left to left side, close right to left
7&8 rock fwd left, replace weight to right, step back left

Shuffle back, turn 1/4, step 1/2, sailor 1/4 turn, ball step, ball step 1/4 turn.

1&2 shuffle back right, left, right
3-4 step left 1/2 turn left, turning 1/4 turn left step right to right side
5&6 rock left behind right, step right to right side, step left 1/4 turn left (1/4 turn sailor)
&7&8 close right to left, step left 1/8 left, close right to left, step left 1/8 left (3:00)

Begin Again & have fun with it!

Restart: On wall 3, restart after 16 counts facing 12:00

Tag – Go Swimming!

At the end of wall 6 (facing 9:00) add 2 swim strokes over 4 counts

Ending: Add an extra ball step 1/4 turn at the end of the dance to face the front. Pose & add the 'Hula Wave'

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