

I'm Not So

拍數: 32 牆數: 4 級數: Novice
編舞者: Jp Barrois (FR) - May 2018
音樂: I'm Not So Tough - Ilse DeLange



Start dancing after 32 counts

[1-9] R Side Step , L Cross Rock Step , L shuffle ¼ L , R Rock Step Fwd, R Shuffle back

1 2 3 R Step to R side – L Cross Rock Step – Recover on R
4&5 L Step to L, R Step next L, L Step ¼ to L
6 7 R Rock forward Recover on L
8&1 R Step back – L Step back next R – R Step back (9:00)

[10-17] L touch back and turn ½ L, R Shuffle Fwd, L Step turn ¼ R, L Kick ball touch R to side

2 3 Touch L back – Turn ½ to L (weight on L)
4&5 R Step forward, L Step next R, R Step forward
6 7 Step L forward – Turn ¼ to R (weight on R)
8&1 L Kick forward – Step L next R Touch - R to side (6:00)

[18-24] Modified R Monterey turn 1/4 , L Side Rock & R Side Rock – R Sailor Step

2 3 R Step next to L with ¼ turn R – L Side Rock to L
4& Recover on R – L Step next R

Restart on 4th wall and 8th wall to 12:00

5 6 R Side Rock to R Recover on L
7&8 R Step behind L – L Step to L side – R Step to R side (9:00)

[25-32] L Sailor Step, R Jazzbox cross, R Side Step, L Step behind R

1&2 L Step behind R – R Step to R side – L Step to L side
3 4 R Cross over L – L Step back
5 6 R Step to R side – L Cross over R
7 8 R Step to R side – L Step behind R (9:00)

End of the dance on count 5 to finish to 12:00 when the music stop.

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