Hold On Cowboy



拍數: 32 牆數: 4 級數: Beginner

編舞者: Pat Newell (USA) - May 2018

音樂: Hold On Partner - Clint Black & Roy Rogers: (16 in)



Alt. Music: Boom It Was Over by by Robert Ellis Orrall - Country Kickers

Senior Dancing Series

Learning: Diagonal kick steps, double heels, toes. Vines, rock and triples

RIGHT KICK DIAGONAL, STEP ON R, L, FWD ON R, REPEAT ON LEFT

1-4 Kick R,fwd diag, step on R, step on L, step slightly fwd on R
5-8 Kick L fwd diag, step on L, step on R, step slightly fwd on L

DOUBLE HEEL, DOUBLE TOES, FWD, BACK SIDE TOUCH TOGETHER

1-4 Tap R heel fwd 2 times, tap R toe back 2 times

5-8 Tap R heel fwd, tap R toe back, R toe to R side, *touch R beside L (weight on L)

* OPTION on count 8 lift R behind L and slap with L hand

RIGHT VINE WITH TOUCH. LEFT VINE TO 1/4 LEFT WITH BRUSH R 9:00

1-4 Step R to R, L behind R, step R to R, touch L beside R

5-8 Step L to L, R behind L, step L to L, brush R

ROCK RECOVER, TRIPLE BACK, ROCK BACK RECOVER TRIPLE FWD

1-2 3&4 Rock fwd on R, recover on L, triple back RLR 5,6 7&8 Rock back on L, recover on R, triple forward LRL

Start again

Dance for the health of it