

# Body Like a Back Road

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Hana Ries (USA) - February 2018  
音樂: Body Like a Back Road - Sam Hunt



Intro: 18 counts (Start dancing on the word "South") CCW rotation  
(Read R=right foot, L=left foot)

## SWAY, TOUCH, SWAY, TOUCH, VINE RIGHT, TOUCH

1,2            Step R to right side and sway hips right, Touch L toe in place  
3,4            Sway hips to left, Touch R toe in place  
5,6,7,8       Step R down in place, Cross L behind R, Step R to right, Touch L next to R

Restart happens here on wall 5

## SWAY, TOUCH, SWAY, TOUCH, VINE LEFT, TOUCH

1,2            Step L to left side and sway hips left, Touch R toe in place  
3,4            Sway hips to right, Touch L toe in place  
5,6,7,8       Step L down in place, Cross R behind L, Step L to left, Touch R next to L

## DIAGONAL STEP, LOCK, LOCK SHUFFLE, DIAGONAL STEP, LOCK, LOCK SHUFFLE

1            Step R diagonally forward (towards 1:30)  
2            Lock (cross) L behind R popping both knee slightly and lifting R heel up (=gentle dip)  
3&4        Step R diagonally forward, Lock (cross) L behind R, Step R diagonally forward

**Note: All counts 1-4 are moving diagonally forward towards 1:30**

5            Step L diagonally forward (towards 10:30)  
6            Lock (cross) R behind L popping both knee slightly and lifting L heel up (=gentle dip)  
7&8        Step L diagonally forward, Lock (cross) R behind L, Step L diagonally forward

**Note: All counts 5-8 are moving diagonally forward towards 10:30**

## PADDLE TURN 1/8 LEFT TWICE, JAZZ BOX/CROSS

1,2,3,4      Step R forward, Turn 1/8 left shifting weight onto L, Step R forward, Turn 1/8 left shifting weight onto L  
5,6,7,8      Cross R over L, Step L back, Step R next to L (feet apart), Cross L over R (facing 9:00)

## REPEAT

**RESTART:** On wall 5 (facing 12:00) restart the dance after the first 8 counts. In other words, after completing all 4 walls around the room, you'll be back facing the front wall. Then dance the first 8 counts twice and continue.

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