

Hands on You

拍數: 32 牆數: 4 級數: Improver
編舞者: Judy Rodgers (USA) - May 2018
音樂: Hands On You - Ashley Monroe



Alternate music: Put Your Records On by Corinne Bailey Rae

Intro: 12 counts (for both songs)

Walk, walk, cross & heel & cross turn 1/4 L, shuffle turn 1/4 L

1-2 Walk fwd R, L
3&4 Cross R over L, step L to left, step R heel to right diagonal
&5-6 step R beside L, cross L over R, turn 1/4 left step R to back 9:00
7&8 Turn 1/4 left shuffle fwd L R L 6:00

Step tap, shuffle, rock back, recover, ball step touch/snap

1-2 Step R fwd, tap L toe behind R heel
3&4 Shuffle back L R L
5-6 Rock R back, recover L
&7-8 Step R beside L, step L fwd, touch R beside L/snap fingers

***Dance 4 count Tag and Restart here on Wall 4 at 9:00

Skate skate, rocking chair, step pivot 1/4 L, kick ball step

1,2 Skate R, skate L
3&4& Rock R fwd, recover L, rock R back, recover L
5-6 Step R fwd, turn 1/4 left step L fwd - 3:00

*** Restart here on Wall 9 at 12:00

7&8 Kick R fwd, step R beside L, step L fwd

Cross rock recover big step side, drag ball cross, turn 1/4 R, turn 1/4 R, shuffle fwd

1&2 Cross rock R over L, recover L, big step R to right side
3&4 Drag L to R, step L beside R, cross R over L
5-6 Turn 1/4 right step L back, turn 1/4 right step R fwd - 9:00
7&8 Shuffle fwd L R L

Tag:

Wall 4 starts 3:00, dance 16 cnts, add 4 cnt tag below, restart dance from beginning on the word 'You' facing 9:00.

1-4 Roll hips left to right over 4 counts

Restart: Wall 9 starts 9:00, dance 22 counts, and restart from beginning on the word 'You' facing 12:00

When using 'PUT YOUR RECORDS ON' music, there are 2 Restarts:

Wall 4 starts 3:00.....dance 12 counts and restart from beginning facing 9:00

Wall 8 starts 12:00.....dance 8 counts and restart from beginning facing 6:00