

My Brother

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Henry Costa (USA) - May 2018

音樂: He Ain't Heavy...He's My Brother - The Osmonds : (CD: Millennium Collection - 20th Century Masters - MP3: Amazon, iTunes - CD: Osmonds/Homemade MP3: Amazon)



(16 count in to start)

FORWARD RIGHT LUNGE, RECOVER, BACK, HALF RIGHT, FORWARD LEFT LUNGE, RECOVER, BACK, QUARTER LEFT

- 1-2 Forward right lunge (knee bent and right arm straight out forward), recover left
- 3-4 Back right with a toe touch, 1/2 right stepping down on right
- 5-6 Forward left lunge (knee bent and left arm straight out forward), recover right
- 7-8 Back left with a toe touch, 1/4 turn left stepping down on left

CROSS IN FRONT, SIDE, CROSS BEHIND LEFT, CROSS, RECOVER, SIDE: RIGHT, LEFT, RIGHT

- 1-2 Cross right in front of left, side left
- 3-4 Cross right behind left, side left
- 5-6 Cross right in front of left (right arm straight out forward), recover left
- 7&8 Side right, left next to right, right

CROSS IN FRONT, SIDE, CROSS BEHIND RIGHT, CROSS, RECOVER, SIDE LEFT RIGHT, LEFT

- 1-2 Cross left in front of right, side right
- 3-4 Cross left behind right, side right
- 5-6 Cross left in front of right (left arm straight out forward), recover right
- 7&8 Side left, right next to left, left

QUARTER LEFT, TOUCH, QUARTER LEFT, TOUCH, QUARTER LEFT, TOUCH, FORWARD, TOUCH

- 1-2 1/4 turn left stepping with right, touch left next to right
- 3-4 1/4 turn left stepping with left, touch right next to left
- 5-6 1/4 turn left stepping with right, touch left next to right
- 7-8 Forward left, touch right next to left

BEGIN AGAIN!

Contact: henrycosta@hotmail.com / henrycosta.freeyellow.com