

Steam Roller

拍數: 88 牆數: 2 級數: Phrased Improver
編舞者: Hilda Foo (NZ) - May 2018
音樂: Steamroller Blues - Elvis Presley



Intro: Start on vocals

Sequence: A; A ;A (16); B; A; A; Ending * refer notes below

Section A(40 counts)

Part 1 of A: Step (or Cross Foot) forward, step back and point foot to side

1-4 Step forward on RF, point LF to side, Step forward on LF, point RF to side
5-8 Step RF back, point LF to side, Step LF back, point RF to side

Part 2 of A: Grind Right Heel, step. ¼ turn over right, step forward

1-4 Grind right heel and step (2x), slightly moving to left
5-8 ¼ turn over right shoulder, step forward on right, touch LF besides right, step LF forward,
Touch RF besides left

Part 3 of A: Toe, Heel, step and snap fingers

1-4 Right toe, heel, step RF to right, snap fingers
5-8 Repeat with left.

Part 4 of A: Jazz box with ¼ turn over right shoulder , step to side , swing hips

1-4 Cross RF over LF, step LF back, ¼ turn over right shoulder, step RF to side, step LF besides
R
5&6 Step RF to right with a dip (5), swing hip to right and straighten LF (&6)
7&8 Repeat with LF

Part 5 of A: Hips sway leaning towards right/left

1-4 Shifting weight to right, hips sway moving towards right
5-8 Repeat with left

Section B (48 counts) Starts when there is a long interval before vocals start again

Part 1 of B: Bounce heels rotate hips to make figure 8 (optional: rotate hips clockwise –circular motion)

1-4 Bounce on heels, rotate right hips clockwise
5-8 Bounce on heels, rotate hips anti-clockwise (with weight on left on the 8th count)

Part 2 of B: Paddles with right foot (x4), turn over right shoulder with each paddle

1-8 Step forward on right, turn over right shoulder until facing the back wall.

Part 3 of B Step Foot Forward, Touch (slightly angled)

1-4 Step RF forward, touch LF besides right, Step LF forward, touch RF besides left
5-8 Step RF back, touch LF besides right. Step LF back, touch RF besides left

(optional: with shoulder drops or body rolls)

Part 4 of B: 1/4 turn Monterey , Toe Struts

1-4 Touch RF to side, ¼ turn over right shoulder, step on right, touch left toe out to the side, step
LF next to the right
5-8 Toe forward, Heel down

Part 5 of B: Stomp, swivel

1-4 Stomp RF to side, swivel LF towards right (heel, toe, heel)

5-8 Stomp LF to side, swivel RF towards left (heel, toe, heel)

Part 6 of B: Step scuffs (making a half turn)

1-8 counts Step on right, scuff on left, step left and scuff on right (to face the front)

***Ending (16 counts) First 12 counts of Section A, then walk forward R,L and cross unwind**

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