

Needing More Attention Mambo Muchacha

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Intermediate
編舞者: Val Saari (CAN) - May 2018
音樂: Attention - Charlie Puth : (iTunes)



MODIFIED TOE-STRUT JAZZ BOX, TWIST TURN 1/2 L

1-2 Cross right toe in front of left, drop right heel down
3-4 Step back on left toe, drop left heel down
5-6 Step RF beside L, Step LF together
7-8 Cross RF over L, Untwist the feet 1/2 pivot left

SIDE TOGETHER TO THE RIGHT, TOUCH, SIDE TOGETHER TO THE LEFT, TOUCH

1-4 Step RF right, Step LF together, Step RF right, Touch LF beside R
5-8 Step LF left, Step RF together, Step LF left, Touch RF beside L

MODIFIED TOE-STRUT JAZZ BOX, TWIST TURN 1/2 L

1-2 Cross right toe in front of left, drop right heel down
3-4 Step back on left toe, drop left heel down
5-6 Step RF beside L, Step LF together
7-8 Cross RF over L, Untwist the feet 1/2 pivot Left

LINDY RIGHT PIVOT 1/4 L, LINDY LEFT

1&2 Shuffle right, RLR
3-4 Rock back on LF pivot 1/4 L, Recover on RF
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

SHUFFLE FORWARD X 2, RF ROCK FWD, LF RECOVER, RF MAMBO BACK

1&2 Shuffle forward RLR
3&4 Shuffle forward LRL
5-6 Rock RF forward, Recover LF
7&8 Rock RF back, Recover LF, Step RF beside left

SHUFFLE BACK X 2, SCISSOR STEPS FORWARD, LRL, RLR

1&2 Shuffle back LRL
3&4 Shuffle back RLR
5&6 LF Step L, RF Recover, LF crosses RF and Hold (push and cross)
7&8 RF Step R, LF Recover, RF crosses LF and Hold (push and cross)

LF ROCK FWD, RF RECOVER, LF MAMBO BACK, RF ROCK FWD, LF RECOVER, RF MAMBO BACK

1-2 Rock LF forward, Recover RF
3&4 Rock LF back, Recover RF, Step LF beside right
5-6 Rock RF forward, Recover LF
7&8 Rock RF back, Recover LF, Step RF beside left

WALK FORWARD L,R,L, KICK R, BACKWARDS STEP-TOUCHES RL

1-2 Walk forward, LF, RF
3-4 Walk forward LF, Kick RF forward
5-6 RF Step back, LF touch beside RF
7-8 LF Step back, RF touch beside LF

REPEAT - No Tags, No Restarts

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