

Tell Me

拍數: 32 牆數: 4 級數: Intermediate nightclub
編舞者: William Plain (AUS) & Hayley Murdoch (AUS) - April 2018
音樂: Unknown - Jacob Banks : (Album: Paradox)



(1x restart), clockwise

[1-8] Diagonal walks back and forward (diamond)

1-2& Step RF to R side, turning 1/8 L step LF back, step RF back [10:30]
3-4& Turning 1/8 L step LF to L side, turning 1/8 L step RF forward, step LF forward [7:30]
5-6& Turning 1/8 L step RF to R side, turning 1/8 L step LF back, step RF back [4:30]
7-8& Turning 1/8 L step LF to L side, turning 1/8 L step RF forward, step LF forward [1:30]

[9-16] Basic nightclub x2, lunge, 1/2 LF pivot, lunge, 1/4 forward, forward

1-2& Turning 1/8 L step RF to R side, step LF slightly behind RF, cross RF over LF [12:00]
3-4& Step LF to L side, step RF slightly behind LF, cross LF over RF
5-6 Lunge/rock RF to R side, turning 1/2 L recover weight to L [6:00]
7-8& Lunge/rock RF to R side, turning 1/4 L recover weight to L**, step RF forward [3:00]

[17-24] Cross rock, replace and sweep, weave, sweep, behind, 1/4 forward, 1/2 pivot

1-2 Cross/rock LF over RF, recover weight to RF sweeping LF around behind RF
3&4& Cross LF behind RF, step RF to R side, cross LF over RF, step RF to R side
5-6& Cross LF behind RF sweeping RF around behind LF, step RF behind LF, turning 1/4 L step LF forward
7-8 Step RF forward, pivot 1/2 L transferring weight to L

[25-32] Basic nightclub x2, 1/4 paddle turns x2, 1/4 side, full turn travelling to the right

1-2& Step RF to R side, step LF slightly behind RF, cross RF over LF [12:00]
3-4& Step LF to L side, step RF slightly behind LF, cross LF over RF
5&6 Turning 1/4 R step RF forward, close LF beside RF, turning 1/4 R step RF forward
7-8& Turning 1/4 R step LF to L side, turning 1/4 R step RF forward, turning 1/2 R step LF back (complete the full turn by turning an extra 1/4 R when you start the dance again) #

**RESTART:

1. During the 2nd wall, dance to count 16 and Restart the dance from the beginning facing the back wall

HOLD IN MUSIC Wall 3 after the last count of the dance there is a slight hold in the music. Hold count 8 before stepping to side on count 1

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