

Arch Rival

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Michael Lynn (UK) - May 2018
音樂: Roundtable Rival - Lindsey Stirling



(32 count intro, 128 bpm)

Music Available on iTunes, Amazon Music, 7Digital, Spotify & my MEMBERS Zone.

S1: SIDE ROCK RECOVER, WEAVE, SIDE, CROSS BEHIND, 1/2 TWIST LEFT, 1/2 TWIST RIGHT

1-2 Rock left to left side, recover weight onto right,
3&4 Cross left behind right, step right to right side, cross left over right,
5-6 Step right to right side, cross left behind right,
7-8 Twist 1/2 turn left, twist 1/2 turn right (12:00).

S2: LEFT TOE POINT, 1/4 HITCH TURN LEFT, LEFT SHUFFLE, PIVOT 1/2 TURN, FULL TRIPLE TURN LEFT

1-2 Point left toe to left side, hitch left across the right as you 1/4 turn left,
3&4 Step forward left, close right beside left, step forward left,
5-6 Step forward right, pivot 1/2 turn left,
7&8 Step right backwards as you 1/2 turn left, step left forward as 1/2 turn left, step forward right.

ALT: Counts 7&8 can be replaced with a left shuffle.

S3: STEP, BACK HITCH, STEP-SWING HITCH, HEEL TOUCH, HITCH, RIGHT SHUFFLE

1-2& Step forward left, hitch right behind left, step right in place,
3-4& Swing left across right as you hitch, swing left back (not making contact with the floor), step left in place,
5-6 Touch right heel forward, hitch left across right,
7&8 Step forward right, close left beside right, step forward right.

S4: STEP-PIVOT 1/4 TURN RIGHT, LEFT HEEL GRIND, BEHIND-SIDE-CROSS, ROCK & TOUCH

1-2 Step forward left, pivot 1/4 turn right,
3-4 Touch left heel to right diagonal, grind to left diagonal as you step right to right side,
5&6 Step left behind right, step right to right side, cross left over right,
7&8 Rock right to right side, recover left, touch right beside left.

RESTART: On walls 2&6 restart at count 32. Instead of touching the right beside left, step onto the right, leaving left free.

S5: SIDE ROCK & CROSS, UPPITY HEELS, SIDE ROCK & CROSS, UPPITY HEELS

1-2 Rock right to right side, recover left (as you turn your chest to the left diagonal),
3&4 Cross right over left, lift heels up, lower both heels (keeping weight on right),
5-6 Rock left to left side, recover right (as you turn your chest to the right diagonal),
7&8 Cross left over right, lift heels up, lower both heels (keeping weight left).

STYLING: On counts 1-2 & 5-6... as you side rock sweep that arm in an arc across your body paso doble style.

S6: 1/4 TURN-SIDE-CROSS-HOLD, 1/4 TURN-SIDE-CROSS-HOLD

1-2 Step right 1/4 left, step left to left side,
3-4 Cross right over left, Hold
5-6 Step left 1/4 right, step right 1/4 right,
7-8 Cross left over right, Hold.

STYLING: This section of 8 place your hands on your hips like an Irish dancer.

S7: TOE TOUCHES, SAILOR STEP, CROSS-UNWIND FULL TURN, SIDE ROCK RECOVER

1-2	Touch right toe forward, touch right toe to right side,
3&4	Step right behind right, step left to left side, step right in place,
5-6	Step left behind right, unwind full turn,
7-8	Rock right to right side, recover left.

S8: CROSS-1/4 TURN RIGHT, SHUFFLE 1/2 TURN, ROCK RECOVER, UPPITY HEELS

1-2	Cross right over left, step back left as you 1/4 turn right,
3&4	Step right 1/4 turn right, close left beside right, step right 1/4 turn right,
5-6	Rock forward left, recover right,
7&8	Step left beside right, lift heels up, lower both heels (keeping weight on right).

RESTART (WITH CHANGE OF STEP)

Walls 2&6 Restart at count 32. Instead of touching the right beside left, step onto the right, leaving left free.

ENDING (Brings you back to the front)

(Dance upto count 60 (shuffle 1/2 turn) and replace the last 4 counts with the following to bring you to the front)

5-6	Step forward left, pivot 1/2 turn right,
7&8	Step left beside right, lift heels up, lower both heels (keeping weight on right).

Last Update - 10th May 2018
