

Short Fall

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Heather Barton (SCO) & Hayley Wheatley (UK) - April 2018
音樂: Stop Me from Falling - Kylie Minogue : (Album: Golden)



Count In: 16 Counts

Choreographer's Note: This Dance has been created as floor split to Heather and Hayley's dance "Stop Me from Falling,"

Choreographed to the same track so that dancers of all levels can enjoy this fabulous music.

S1: GRAPEVINE RIGHT, GRAPEVINE ¼ TURN LEFT,

1,2,3,4 Step RF to R side, Step LF behind RF, Step RF to R side, Touch L toe beside RF 12:00
5,6,7,8 Step LF to L side, Step RF behind LF, Step fwd onto LF making ¼ turn L, Touch R to beside LF 9:00

S2: SIDE STEP, TOUCH, SIDE STEP, TOUCH, ROCKING CHAIR

1-2 Step RF to R side, Touch L toe beside RF 9:00
3-4 Step LF to L side, Touch R toe beside LF 9:00
5-6 Rock fwd onto RF, Recover onto LF 9:00
7-8 Rock back onto RF, Recover onto LF 9:00

S3: STEP FORWARD, KICK FORWARD, STEP BACK, TOUCH BACK (X2)

1-2 Step fwd onto RF, Kick LF fwd 9:00
3-4 Step back onto LF, Touch R toe back 9:00
5-6 Step fwd onto RF, Kick LF fwd 9:00
7-8 Step back onto LF, Touch R toe back 9:00

S4: DIAGONAL STEP, SLIDE, DIAGONAL STEP, SLIDE, V STEP

1-2 Step fwd on RF to R diagonal, Slide LF to touch beside RF 9:00
3-4 Step fwd on LF to L diagonal, Slide RF to touch beside LF 9:00
5-6 Step fwd and out diagonally onto RF, Step fwd and out diagonally onto LF 9:00
7-8 Step back centre onto RF, Close LF beside RF 9:00

Begin Again!!

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