

Feel Good Feelin

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Beginner
編舞者: Irene Ottello (IT) - May 2018
音樂: Feel Good Feelin' - Me and Mae



#1-ROCK STEP R AND L, COASTER STEP, PIVOT ½ TURN

1-2& R rock fwd, recover on left, right beside left
3-4 L rock fwd, recover on right
5&6 step back left, step right beside left, step left forward
7-8 step right fwd, ½ turn left (weight on left)

#2-SHUFFLE SIDE, ROCK STEP, SHUFFLE SIDE, ROCK CROSS BACK

1&2 right to right side, left beside right, right to right side
3-4 rock cross left behind right, recover on right
5&6 left to left side, right beside left, left to left side
7-8 rock cross right behind left, recover on left

#3-TOE SWITCHES, HEEL SWITCHES, SHUFFLE FWD, SCUFF, STEP BACK ½ TURN

1&2 touch R toe to R side, step right together, touch L toe to L side
&3&4 step left together, touch R heel fwd, step right together, touch L heel fwd
&5&6 step left together, step right fwd, close left next to right, step right fwd
7-8 scuff left, ½ turn right step left back

#4-SIDE and CROSS R and L, STEP R AND L FULL TURN, ROCK STEP SIDE

1&2 step right to right, step left together, cross right over left
3&4 step left to left, step right together, cross left over right
5-6 ½ turn left step right back, ½ turn left step left fwd
7-8 R rock to right side, recover on left

#5-R SHUFFLE CROSS, ROCK STEP SIDE, JAZZ BOX ½ TURN, SCUFF

1&2 cross right over left, left to left side, cross right over left
3-4 L rock step to left, recover on right
5-8 cross left over right, ¼ turn left R to right side, ¼ turn left left to left side, scuff right

#6-R ROCK CROSS FWD AND STEP SIDE, L ROCK CROSS FWD AND STEP SIDE, PIVOT ½ TURN TWICE

1&2 cross right over left, recover on left, right to right side
3&4 cross left over right, recover on right, left to left side
5-8 step R fwd ½ turn left twice (weight on left)

RESTART: AFTER 16 COUNT ON 5° WALL

TAG: AFTER 16 COUNT ON 6° WALL

1 STOMP R FWD
2-3-4 HEEL BUMPS ½ TURN LEFT
and Restart

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Last Update – 2nd May 2018