

# American Rock & Roll

COPPERKNOB  
BY STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Helen Owen (UK) & JMK (DE) - March 2018  
音樂: American Rock 'n Roll - Kid Rock



Start on vocals

## S1 (1-8) RIGHT GRAPEVINE, LEFT GRAPEVINE, 1/4 TURN LEFT

1-2            Step right to right side (1) step left behind right (2)  
3-4            Step right to right side (3) touch left heel forward (4)  
5-6            Step left to left side (5) step right behind left (6)  
7-8            Turn 1/4 left stepping on left (9:00) (7) scuff right forward (8)

## S2 (9-16) R. ROCK RECOVER, R TOE 1/2 PIVOT, 1/4 R PIVOT TURN, LEFT CROSS

1-2            Rock R forward (1), Recover onto L (2)  
3-4            Touch R toe back (3), 1/2 turn L lowering R heel to floor (3:00) (4)  
5-6            Step forward L (5) Pivot 1/4 turn R onto R (6:00) (6)  
7-8            Cross L over (7) Hold (8)

## S3 (17-24) KICK R, STEP BACK, KICK L, STEP FORWARD. HEEL TWISTS X2

1-2            Kick right forward (1) step back right (2)  
3-4            Kick left forward (3) step back forward (4)  
5-6            Twist heels to left side (5) twist heels back to center (6)  
7-8            Twist heels to left side (7) twist heels back to center (8)

## S4 (25-32) LEFT COASTER STEP, HOLD, R SIDE ROCK CROSS.

1-2            Step L back (1) step R next to L (2)  
3-4            Step L forward (3) hold (4)  
5-6            Rock R to R (5) Recover on L (6)  
7-8            Cross R over L (7) hold (8)

## S5 (33-40) R TURN 3/4, L FWD ROCK, HOLD, R FWD ROCK RECOVER, R BACK ROCK ,HOLD

1-2            Turn 3/4 right and step left back (1) turn 1/2 right and step right forward(2)  
3-4            Rock L forward (3) Hold (4)  
5-6            Rock R forward (5) Recover on L (6)  
7-8            Rock R back (7) hold (8)

## S6 (41-48) L COASTER STEP HOLD, RIGHT FORWARD ROCK, RECOVER, RIGHT BACK ROCK, HOLD

1-2            Rock L back (1) step R next to L (2)  
3-4            Rock L forward (3) hold (4)  
5-6            Rock R forward (5) Recover on L (6)  
7-8            Rock R back (7) hold (8)

## S7 (49-56) 2 X BACK LOCK STEP HOLD (L,R)

1-2            Rock back on left (1) lock right in front of left (2)  
3-4            Rock back on left (3) hold (4)  
5-6            Rock back on right (5) lock left in front of right (6)  
7-8            Rock back on right (7) hold (8)

## S8 (57-64) L BACK ROCK, RECOVER, L FWD ROCK, HOLD, R FWD ROCK, HOLD, L FWD ROCK, 1/4 L PIVOT TURN

1-2            Rock L back (1) Recover on R (2)  
3-4            Rock L forward (3), hold (4)

5-6 Rock R forward (5) hold (6)  
7-8 Rock L forward (7), Pivot 1/4 turn R onto L (6:00) (8)

**RESTART: WALL 3 + 7**

**After 28 counts – Side Rock (1&2 rock right foot to right side (1) transfer weight rocking onto left foot (&) close right to left (2) )**

Enjoy! xx

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