Flicker & Shine

拍數: 32

級數: Beginner

編舞者: Kim McCloughan (AUS) - April 2018

音樂: Flicker & Shine - Old Crow Medicine Show

... This is a Beginner dance with a twist...

This dance is done in 4 directions. Introduction: 16 beats

WALK FORWARD KICK, WALK BACK TAP,

- Step R foot forward, step L foot forward. 1-2
- 3-4 Step R forward, Kick L foot forward.
- 5-6 Step L foot back, Step R foot back.
- Step L foot back, Tap R toe beside Left. 7-8

SIDE TAP, SIDE TAP, VINE

- 1-2 Step R foot to the side, Touch L toe together.
- 3-4 Step L foot to the side, Touch R toe together.
- 5-6 Vine: Step R to the side, Step L behind R.
- 7-8 Step R to the side, Touch R toe together.

SIDE TAP, SIDE TAP, VINE ¼ TURN LEFT

- 1-2 Step L foot to the side, Touch R toe together.
- 3-4 Step R foot to the side, Touch L toe together.
- Vine: Step L foot to the side, step R foot behind left. 5-6
- 7-8 Turn ¼ turn Left step L forward scuff R foot forward.

STEP CLAP, STEP CLAP, V STEP

- Step R forward, Clap. 1-2
- 3-4 Step L forward, Clap.
- 5-6 "V" Step R forward at 45degrees right, Step L foot 45 degrees Left
- 7-8 Step R back to the centre, step L beside Right.

[32] REPEAT DANCE IN NEW DIRECTION

NOTE:

At the end of wall 5 the music stops facing the 9oclock wall, Stop dancing then after the word WELL start dancing again when the main vocals kick back in...

(You can also stop the music here if needed before the fun bit kicks in)

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牆數:4