

151 And A Match

拍數: 32 牆數: 4 級數:
編舞者: Matt Thomson (USA) - April 2016
音樂: Juicy Wiggle - Redfoo



[1-8] Walk, Walk, Out & Cross, Sway, ¼, coaster step

1,2 step forward on R, Step forward on L
3&4 step R to right side, step L center, cross R over L
5,6 step L to left side swaying hips left, step R to right making ¼ turn left (9:00)
7&8 step back on L, step R beside L, step L forward

[9-16] bumps, ½ bumps, coaster, run, run, run

1&2 step forward on R bumping hips R L R
3&4 step forward on L bumping hips L R L making a half turn right
5&6 step back on R, step L beside R, Step R forward
7&8 step forward on L, step R beside L, step forward on L

[17-24] walk, walk, forward lock, rock recover, ½ shuffle

1,2 step forward on R, step forward on L
3&4 step forward on R, step L behind R, step Forward on R
5,6 rock forward on L, recover back on R
7&8 step ¼ turn left on L, step R beside L, step ¼ turn left on L

[25-32] R syncopated box, L syncopated box

1,2 cross R over L, Step back on L
&,3 step R to right side, cross L over R
4 step R to right side
5,6 cross L over R, step back on R
&,7 step L to left, cross R over L
8 step L to left

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