

# Shook Up

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Michael Bottley (UK) & Helen Day (UK) - April 2018  
音樂: All Shook Up - Elvis Presley



Start after 16 counts, on the word 'Bless'

## NO TAGS OR RESTARTS

### Section 1: STEP HITCH, STEP HITCH, STOMP, STOMP, KICK, KICK

1-4            Step R forward, hitch L knee, step L forward, hitch R knee  
5-8            Stomp R, L, kick, kick with R foot

### Section 2: GRAPEVINE R WITH TOUCH, GRAPEVINE L ¼ TURN L WITH TOUCH

1-4            Step R to the R, cross step L behind R, step R to the R, touch L next to R.  
5-8            Step L to the L, cross step R behind L, make ¼ turn L stepping forward with L touch R next to L

### Section 3: R STEP SHIMMY, L STEP SHIMMY

1-4            Step R to side, drag L towards R touch, hold  
4-8            Step L to side, drag R towards L touch, hold

Shimmy shoulders as you drag

### Section 4: R STEP ¼ L PIVOT, R STOMP, ELVIS KNEES

1-4            Step R forward, ¼ pivot L, moving weight to L, stomp R, hold  
5-6            Bend L knee in, hold,  
7-8            Straighten L leg and bend R knee in, hold

## REPEAT

Contact: [helen.day9@btinternet.com](mailto:helen.day9@btinternet.com) (Step Up and Dance)

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