

You Are Reliable

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ron Bloye (UK) - April 2018
音樂: I Turn to You (Stonebridge R & B Radio Mix) - Melanie C : (EP - Slow Version)



Music available on Amazon & iTunes

Intro : 16 Counts 1 Restart: Wall 6 after 16 counts

Sect: 1 - Side Together - Chasse Right - Cross Rock - ¼ Shuffle (9 o'clock).

1 - 2 Step Right to Right Side - Close Left beside Right.
3&4 Step Right to Right Side - Close Left beside Right - Step Right to Right Side.
5 - 6 Cross Left over Right - Recover on Right.
7&8 ¼ Turn Left Shuffle Forward - Left - Right - Left. (9.0clock).

Sect: 2 - ¼ Turn Left - Right Shuffle Forward - Rock Recover Coaster Step.

1 - 2 Step Forward Right - Turn ¼ turn on Left. (6.o'clock).
3&4 Right Shuffle Forward - Right - Left - Right. .
5 - 6 Rock Forward Left - Recover on Right.
7&8 Step back Left - Step Right next to Left - Step Forward Left.

Sect: 3 - Rock Recover - ½ Turn Shuffle - Walk - Walk - Mambo Step.

1 - 2 Rock Forward Right - Recover on Left.
3&4 ½ Turn Shuffle (over Right Shoulder) - Right - Left - Right. (12 o'clock).
5 - 6 Walk Forward Left - Walk Forward Right.
7&8 Mambo Step - Left Forward - Recover on Right - Step Left Back.

Sect: 4 - Walk Back - Right - Left - ¼ Turn Sailorstep - Rock Rec - Coaster Cross.

1 - 2 Walk Back Right - Walk Back Left.
3&4 Cross Right Behind Left ¼ turn - Rock Left to Left - Step on Right (3 o'clock).
5 - 6 Rock Forward Left - Recover on Right.
7&8 Step Back Left - Step Right Beside Left - Cross Left Over Right.

Restart on Wall 6 after 16 counts.

Ending: Last wall Starts on (3 o'clock) Dance 16 counts then Rock Rec turn ¼ (12 o'clock)

Dance intended to introduce – a ¼ Turn Sailorstep to Beginners

Music:- On iTunes type in Melanie C E P - click on " see all" and scroll down to No 34 (3.36)

Many thanks to Ann-Kristen Sandberg (Norway), who sent me the music.